

# STARR KING VIEW

Starr King UU Fellowship  
-A Welcoming Congregation-  
March 2024



## In this issue:

- [Sunday Services](#)
- [Minister's Letter](#)
- [President's Letter](#)
- [Nominating Committee](#)
- [Soundbites](#)
- [Religious Education and Youth Groups](#)
- [Climate Action Committee](#)
- [UU Action NH](#)
- [UUA General Assembly](#)
- [Outreach Offering](#)
- [Date with Death Club](#)
- [Welcoming Congregation](#)
- [Membership News](#)
- [SKUUF Auction](#)
- [Breakfast Club, Second Sunday Hike,](#)
- [Bridge, Book Group, Meditation](#)



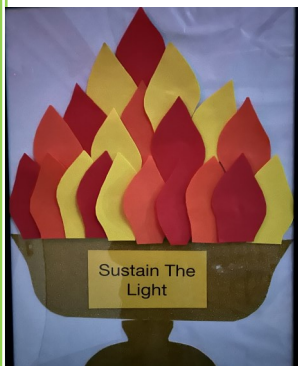
## Stewardship

### Special Stewardship Drawing, Sunday March 3!

Have you submitted your pledge for the 2024-25 Fiscal Year yet? If you have, you are eligible to win a \$100 gift certificate to the Common Man. If you have not pledged yet, [simply click here](#) to pledge and your name will be added to the basket. Drawing will take place at the service on Sunday March 3. Pledges need to be in by 9:00 am Sunday, Morning March 3.



### Help us reach our Goal



Thank you to all who have pledged to our 2024-25 FY Stewardship Drive. We have received over 70% of expected pledges as of Tuesday, February 27, and most of you were able to increase your pledge. We are very close to our goal of \$200,000 and are looking forward to seeing our chalice fully lit soon! Please pledge by Sunday, March 3<sup>rd</sup> to make this a reality. Thank you to all for your commitment to our mission to cultivate more love in the world and nurture more love for the world.

Have you ever wondered how our amazing tech crew puts it all together for us on Sunday mornings? Want to be a part of it? [Click here to learn more...](#)



## SKUUF LENDING LIBRARY

Next time you're in the downstairs lobby, take a look at our lending library. It has recently been refreshed and has many new titles. Some of the new selections focus on LGBTQ+ topics as part of the Welcoming Congregation renewal. Other subjects deal with grief and loss. Both children's and adult books are included.

To check out a book, write your name on the library card in the front of the book and place the card in the card file box. Please return the book in a reasonable amount of time, one month suggested.

## Sunday Services

### **March 3 The Anatomy of a Growing Edge**

**Rev. Linda Barnes**

Like a grain of sand in an oyster, what is often irritating or painful can ultimately serve as the beginning of something beautiful and meaningful. Join us as we explore the process of transformation, becoming something new, whether it's invited or not.

### **March 10 A Thousand Tiny Moments: Everyday Transformative Justice**

**Rev. Linda Barnes**

Transformative justice looks to the respond to violence or harm without creating more violence or harm. It's a noble endeavor and can start with each of us in small ways. We'll look at cultivating an everyday practice of responding to harm without creating harm - in a thousand tiny moments.

### **March 17 Universalism's Message for our Times**

**Rev. Linda Barnes**

Our Universalist forebearers preached universal salvation, that all persons were loved, no exceptions. Understanding this, Universalists sought to bring about love on earth through creation of social justice reform. Join us as we explore the Universalist message of our time as we bring love again to the center of our faith.

### **March 24 The Gift of Transformation**

**Mary Crowell, Larry Wylie, and Suellen Skinner**

Change changes us. When we become too uncomfortable, or compelled by circumstance to change, we become transformed. Join us this Sunday to hear three stories of transformation.

### **March 31 Heartbreak, Miracle, and Resurrection**

**Rev. Linda Barnes**

The story of Easter is a story of how tragedy becomes something entirely different - how a people move from a place of grief to rebirth. Over and over again, we strive to remember what is beautiful and worthy and remake the world after loss.

[Back to Home Page](#)

### **First Friday of the month at 6:00 PM**



**For an end-of-week slow down,  
come for 30 minutes of contemplation  
followed with pizza and fellowship.**

### **Do You Wish You Could See a Service You Missed?**

Did you know that most Sunday Services are recorded and posted to Vimeo - a cloud-based video platform similar to YouTube?

You can view any past service by navigating to the bottom of this page [Sunday Services | Starr King Unitarian Universalist Fellowship | Plymouth, NH](#) ([starrkingfellowship.org](http://starrkingfellowship.org)) on our website

You can see the most recent Sunday or any past services.

## Minister's Newsletter

"Yes, transformation is often more about unlearning than learning...."  
~ Richard Rohr

Our Soul Matters theme for this month is *The Gift of Transformation*. Transformation requires a letting go of control, a free fall of sorts, into the unknown. It is how we open into our more authentic selves. And I think it often comes about through no invitation or desire of our own. It comes when we suffer loss, when we change careers, retire, become a parent or when our grown children launch themselves fully into their own lives. Transformation happens when we wake up and find that who we were, like old clothes, no longer fits and who we are becoming is not yet comfortable. Ever feel like that? It's scary. Somehow, I imagine that only really mature, enlightened people willingly let go, willingly welcome transformation. Most of us, me included, are transformed by life itself, by those things which we truly have no control over. Transformation seeks us out by making us uncomfortable and we resist. Since life is all about change, we would be wise to buckle up, get curious, and when we can, seek out the growth and wisdom that comes when we are transformed.

I'm struck with this quote, "...transformation is often more about unlearning than learning..." What is it you wish you could unlearn? Maybe it's who we were taught we *should* be, or how it is we *should* act. Perhaps it is the history we learned in school only later to learn it was a half-truth, an untold truth at best, or worse, an outright lie. Then when what we understood to be true is confronted, we must unlearn, doubt all we've heard before, and then relearn. We'll explore this further on Sunday mornings this month.

Winter's waning and I feel the familiar steps of the season's dance, this too is a timeless transformation. I witness now old snow, slick ice, exposed gravel, and the growing rings of bare earth around the tree trunks, and yes, my favorite, the witch hazel is blooming. Look it up, it's an amazing plant! Now the sun wakes me up where there used to be darkness in the morning. I too feel seasonally transformed. How could we not. It is an invitation to unlearn, shift and set free our current understandings. Practice helps. Knowing that we can survive a transformation can assure us that the next one can be survivable too. This is what makes you wise too, dear ones. Who knows what beautiful thing is next, let us lean in curious, durable, and hopeful as our future unfolds.

In love and faith,

Rev. Linda

[Back to Home Page](#)

### New To UU Classes

Come find out more about UU beliefs and history by attending a 3-session discussion to be held at 11 o'clock on March 3, 10, 17. As you become more familiar with Starr King you may truly welcome the progressive attitude that permeates SKUUF worship, religious education, and commitment to social justice and environmental sustainability. And fun! And helping each other! Whether you might be interested in "officially" joining Starr King UU Fellowship or you're already a "member," your attendance at any or all three sessions is welcomed and appreciated. Let us know if you will need childcare at [admin@starrkingfellowship.org](mailto:admin@starrkingfellowship.org).

Carolyn Erickson and Rev. Linda

## President's Letter—March 2024

The snow is visibly melting some days and I have even noticed some shades of green poking up through the layer of leaves in my flower garden—Spring is coming! It is fun to observe the changes.

Changes happen yet some things stay the same. I assisted in preparing the soup for the Brunch/lunch for the Stewardship Committee, but the youth groups were the hosts and servers on Sunday, February 18. The soup stayed very much the same as prior years, but “kids” of RE (when I was the DRE) are now youth and it will always be fun to be around youth! Not only was it brunch, but there was also a sledding party—those pictures looked like everyone enjoyed that beautiful afternoon. Many thanks to all who shared in these after-service activities.

Each of us has many reasons to be grateful, but I want to recognize a group I have worked with on many things. The third Tuesday of each month is the board meeting, a small group that usually gathers in-person at the fellowship, along with our minister and intern minister. I tested positive/COVID that morning and appreciated that Zoom was going to be possible so I could participate. However, as with any illness, within a few hours symptoms changed quickly, and I was not able to participate even on Zoom! I am so grateful for the board members—Janet Englund, Stephanie Halter, Bob Chandler, Doug Grant, Connie Maatta, Louise Randall and Suellen Skinner—along with Reverend Linda Barnes and Margaret Reiser, for handling “business as always.” Thank you so much, friends, for your continued support and work for ALL of us.

In joy,  
Jane Clay, board president

## Board's Bulletin

- Stewardship and budget
- 3 year Leadership Model
- Committee on Ministry
- Welcoming Congregation Designation
- Playground Safety Issues

Reach out to any board member if you have questions or just to discuss matters.

[Back to Home Page](#)

***Dear Starr King Committee members,***

***The Committee on Ministry (COM) would like to express our gratitude for your time and commitment getting back to us with our recent inquiries. We were deeply moved and delighted by your responses and we truly appreciate the time that you took to express your opinions and feedback. Please stay tuned for more updates including some outcome around this coming soon!***

***With heartfelt gratitude,***

***COM Members Ray  
DeRaymond, Jessie  
Marunowski, Linda Barnes  
and Olivia Saunders***



*Looking for ways  
that you can be a part of  
Starr King UU Fellowship??  
See below and imagine the  
possibilities...*

[Back to Home Page](#)

### **Nominating Committee**

The Nominating Committee is looking for individuals who would be interested in being on the Governing Board for Starr King UU Fellowship. Terms will start on July 1, 2024 and be voted on at the annual meeting in May. The following positions are open:

President- 2 year term  
Vice President – 2 year term  
Secretary- 2 year term  
Treasurer – 3 year term

Please let a member of the nominating committee know of your interest or if you have any questions regarding the positions.

Thank you,  
Bill Trought, Mary Crowell, Darlene Nadeau

### **“Tech for Dummies!”**

Have you ever wondered how the words to the hymns suddenly appear on the sanctuary wall at Starr King? How Grace is transported from Costa Rica into our service to read an inspiring story? Or how people all over the state and even the country are able to watch our Sunday services on Zoom?

Well, this is your lucky week! Because the tech people are going to reveal their secrets to success with our very own Starr King Technology Workshop! Slides, camera, and Zoom techniques will all be taught so that ordinary people can understand how to do it. This is your chance to try your hand at running the computer that projects the slides, or manning the camera that records and brings the services to the people on Zoom, or being in charge of letting Zoomers into the service.

This is the perfect opportunity, with no pressure whatsoever, to see if this might speak to you as a way to contribute to the service and give some overworked tech people a break! It's just another way to get involved at Starr King.

Join Babe DeRaymond, Bob Chandler, and Susan Jacobs on Sunday, March 3 at 11 AM in the sanctuary. Just enough time to grab coffee or tea and some goodies, and gather in the back of the room for a step by step tutorial and a hands on workshop. Come and try out our cool equipment and consider becoming a member of the tech crew that means so much to our Fellowship. If you can't make the workshop but are interested in learning, please leave your name with Bob, Babe, or Susan. Hope to see you on Sunday!

## Soundbites

### Transformation.

This theme of the month has me thinking about the variations and possibilities around change. For me, when I hear this word, I immediately go to change for the "better" or the "good." That focus on the positive is a good way to approach the concept.

But, what if transformation means change for the "whatever"?

In music, we change all the time. The key signature, notating which voices sing which parts, how the verses alternate to bring to light different ideas, going from the major to the minor. These all have the effect of showing change to mark a mood or tempo that puts the musician - and the listener - in a different space. And yet, what of chants? Drones? Silence?

During the season of Lent, it is believed that Christ goes into the wilderness for 40 days to seek guidance and strength for a transformation that will bring the oppressors to enlightenment, or perhaps to just steel oneself to the inevitable reality of the end of path one is traveling. Either way, something had to give. That doesn't mean that there is no hope for change, but rather that all shall be well, regardless of the direction. I don't subscribe to the thought that "things happen for a reason" but I do believe that where we take our personal and collective transformations occur when we let the song finish as it was meant to be.

So, my goal this month is to not try so hard to transform the inevitable. I often tell the choir, "if we can nail the beginning and the end of the song, we will be successful." And, if we can convey our meaning in our best effort, then transformation will happen.

See yall in church,

Sarah Dan

Schedule for March:

Sunday, March 3 - Sarah Dan and Choir  
Sunday, March 10 - Will Gunn, Musician  
Sunday March 17 - Sarah Dan  
Sunday, March 24 - Sarah Dan and Choir  
Sunday March 31 - Sarah Dan and Choir



Choir rehearses every Thursday in the Sanctuary 6:00-7:30pm except Thursday March 7th

[Back to Home Page](#)



## From your DRE

### Religious Education

This month has been full of activity at SKUUF! On Sunday mornings in Religious Education, the children have explored the theme of Justice and Equity through various games, art projects, activities, and songs.

Learning together about how we can create a more loving and fair world has been wonderful. Another exciting activity that took place this month was the RE Sledding Party! Friends of all ages gathered to enjoy the winter weather with sleds, tasty food, and good company. Both of our Youth Groups have been meeting regularly, and earlier this month they hosted brunch for the Fellowship. Looking ahead, the RE Committee is working hard to continue to create more opportunities for children and youth at SKUUF, as well as more fun ways to connect community members of all ages. Keep your eyes out for another Religious Education event coming soon!







## Climate Action Committee

The Climate Action Committee has been refreshing our book collection (out in the narthex) and I hope you've looked at it and read a few of them. There are five new books, a few for kids and a few for grownups. We also would suggest that if you have purchased any books on the subject, feel free to donate them to the Fellowship for others to read. One is *A Traveler's Guide*, which I've read and reviewed below. - Suellen Skinner

***A Traveler's Guide to the End of The World  
Tales of Fire, Wind, and Water***  
by David Gessner

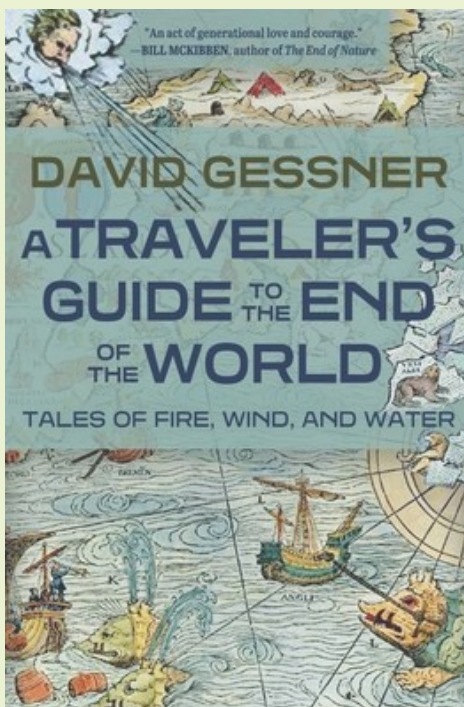
This slightly apocalyptic non-fiction book about climate change might not be very appealing, based on the title. After all, how often do climate catastrophe books (see right there?) sound like *Chicken Little*. David Gessner has been writing about our deteriorating climate for years. This book, though, has a slightly different focus. As a father of a young daughter, he decided to look at a few of his favorite places in the United States and tell us what science says about how things will look when she reaches his age. As the book begins, she is 19 and he is, as he puts it "sixty-one (Yikes!)" so he includes her thoughts and some insights into what she and her age mates make of this climate crisis.

There are a few things that set this book apart and make it worth reading. He uses some of his favorite places to ground the stories he tells, the changes he documents and the pain particular Americans are experiencing. He retells the history of some places like the Southwest where complex and expansive cultures came and went and he highlights the role played by dramatic changes in climate. He talks about the present and very near future of places like the Outer Banks, reminding us of the temporary nature of those beautiful and ridiculously overbuilt barrier islands which are in constant motion, and always have been and even now moving and changing with increasing speed. It follows, then, that he investigates the future of those huge centers of culture and business such as New York City and Miami already experiencing climate disaster associated with storms and sea level rise.

Gessner ends this by writing, "I am not a climate denier but I do have sympathy for some sorts of denial. I understand that not thinking about a thing might seem to protect us from it. And the way the immediate trumps the long-term.

And so I end without concluding. But I have no conclusions to offer...I don't know what will happen next."

I encourage you to read this. I encourage you to take time reflecting on your own experience, your own favorite places and what happens there. Acknowledge the coming changes and watch for the small things, the small actions that are making a difference around you and support them because we don't know what might make the biggest difference. Enjoy!





## 2024 Third Thursday Climate Workshops

Please register at [uuactionnh.org](http://uuactionnh.org) to receive the Zoom link!

### March 21, 2024 Program

#### Heating & Cooling with Heat Pumps: Programs and Options for Homes & Churches

**Live Zoom Workshop led by Chris Kelly of Revision Energy  
Thursday, March 21, 2024, 6:30-7:30 pm**

Hosted by Unitarian Universalist Action New Hampshire  
Part of a monthly climate series



**How you can help make your home, church, and community buildings more energy efficient and sustainable**

Chris Kelly answers: What kind of heat pumps are there? How do I choose? Are there rebates and tax credits? Do I have to do anything to my home or building before installing heat pumps?



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**Register** separately for each free zoom on our webpage at

**[UUActionNH.org](http://UUActionNH.org)**

**If you like these presentations, Your financial support will help us to do more. Visit our website for legislative actions and more.**

**Register and donate at [www.uuactionnh.org](http://www.uuactionnh.org)  
Thank you!**

[Back to Home Page](#)

## Unitarian Universalist General Assembly

It is time again to consider signing up for our General Assembly. This time GA is only “virtual”; no planes to catch, no uncomfortable hotel beds, no crowds. Instead you can fix yourself a cup of tea and settle in for three days of workshops, worship services and business meetings.

*General Assembly is the annual gathering of Unitarian Universalists, where we conduct business of the Association, explore the theological underpinnings of our faith and lean fully into our mission and principles. Please join us online **Thursday, June 20 through Sunday, June 23, 2024** for this 4-day immersive experience where we participate in inspirational worship services and informative workshops, and explore our virtual exhibit hall.*

Nancy Chaddock and I have been attending this way for the last few years and have found it very inspiring. Best of all, our Endowment Committee is willing to cover the registration fee - (\$280 if you register by March 15th.)

Please contact us if you have questions or concerns.

Cindy Spring



## March Outreach offering—

In case you missed it, we had a wonderful guest preacher on January 21. Rev. Peter Friedrichs is a retired UU preacher and he shared with us his perspective on liberating love in the context of medical assistance in dying. He also brought associates from New Hampshire Alliance for the End of Life Options for after-worship discussion. This organization is actively, vigorously working for the passage of HB 1283, the proposed legislation before our representatives this year. This is the time to give it all the energy we can provide as the hearing process is underway. As of February 19, the first hearing has taken place. However, the final vote in the Judiciary committee has been set for February 21. Watch the View for updates on this critical vote.

As a result of the urgency in this work, our March outreach offering will be dedicated to supporting this organization. This is tentatively set for March 17 (to be confirmed after the February Board of Trustees meeting). We may not have anyone from this group available to attend. However, after the presentation by Rev. Friedrichs, that isn't so important. If you missed it, check out the online recording of Rev. Friedrichs' presentation. To find out how you can help, check out the website for this group

( <https://www.nhendoflifeoptions.org/>).

Suellen Skinner  
Outreach Offering coordinator



New Hampshire Alliance for End of Life Options

[Back to Home Page](#)



*Thanks to your Generosity  
to Our  
Outreach Collections:  
the January 2024  
Outreach Collection for  
Pemi Baker Literacy totaled  
\$1,046*

## Office Hours

Fellowship Office is open Tuesday through Friday  
9:00 AM to 1:00 PM  
536-8908

(Days and hours are subject to change  
and any changes are posted in the weekly View)



## Date with Death Club

Developed by Karen G. Johnston, MSW, MDiv  
Presented by Rev. Linda Barnes

The Date with Death Club (DwDC) curriculum explores mortality in community. This month's session is on **March 17:**

### Hospice, Palliative Care, & End of Life Documents, Oh My!

Classes meet from 1:00 until 3:00 PM on Sunday afternoons. Join us for one session or all, and please feel free to invite friends and family!

Hope to see you there 'cause we all got a date with death.

Rev. Linda

[Back to Home Page](#)

## More Date with Death Club NEWS!

We are offering the Date with Death Club ONLINE on certain Wednesday afternoons from 3 to 5. The meetings are open to anyone ages 16 and up.



The Date with Death Club has become a popular and powerful offering in our adult religious education program. We will meet over Zoom, for two-hour sessions, to discuss important but sometimes hard to talk about topics, like "Getting Comfortable with Death Talk" and "Owning your Own Dying". You can read all about the Date with Death Club on Starr King's website [here](#).

Please contact Margaret Rieser at [intern@starrkingfellowship.org](mailto:intern@starrkingfellowship.org) with questions, and to let her know that you are interested in attending. The next meetings are from 3-5 pm on Wednesday afternoons via Zoom on March 6 & 20. You are welcome to attend as many sessions as you like.

## Howling Monkey Nicaraguan Coffee Still Available

Shade-grown, organic Howling Monkey Nicaraguan coffee can still be purchased to support both the Starr King Youth group and Compas de Nicaragua.

It is available either whole bean or ground, \$15 per pound. Please Contact Bob and Jane Clay, 603-996-1207 or [claysusanj@gmail.com](mailto:claysusanj@gmail.com), to make arrangements for pick-up or delivery.





# Starr King

Unitarian Universalist Fellowship

## Welcoming Congregation Renewal Task Force

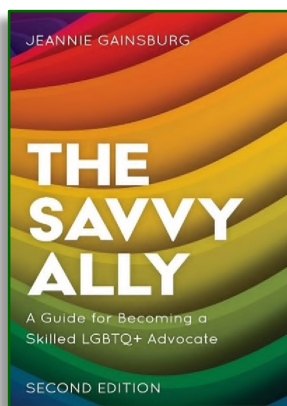
It's time to renew SKUUF's Welcoming Congregation designation!

- \* A Welcoming Congregation provides a safe and welcoming space for our LGBTQIA+ members and friends.
- \* SKUUF first became a Welcoming Congregation by a vote of our members at our 1998 Annual Meeting.
- \* Starting in 2018, the UUA requires congregations to renew their designations to ensure that LGBTQIA+ people feel "fully welcomed, centered, and embraced in our Unitarian Universalist congregations."

The Welcoming Congregation Renewal Task Force needs your help!

\* Join our Community Read!

We have chosen *The Savvy Ally: A Guide for Becoming a Skilled LGBTQ+ Advocate* by Jeannie Gainsburg for community reading and book discussion groups. This book is a very helpful tool in our quest to become a more welcoming community for everyone. Request a copy [here](#).



\* Come to our Movie Nights!

We will be scheduling LGBTQIA+ themed movies for all ages to enjoy!

\* Watch for new OWL classes!

We plan to offer a new series of OWL classes that will include Adult OWL.

\* Support our Welcoming Congregation Resolution!

The Task Force will host a congregational meeting this spring to discuss the Welcoming Congregation Renewal. We plan to recommend to the Governing Board that SKUUF should adopt a new Welcoming Congregation resolution at the 2024 Annual Meeting on May 19, 2024.

The Welcoming Congregation Renewal Task Force is:

Nancy Chaddock	Carolyn Erickson	Margaret Rieser (2022-24 Ministerial Intern)
Mimi Chandler	Reed Harrigan	
Bob Clay	Grace Kennedy, DRE	Larry Wylie
Mary Crowell	Paul Phillips	Sarah Wylie

[Back to Home Page](#)

## Membership Committee

"Come, come whoever you are..." - Khalil Gibran

New friends and members are invited to attend informational sessions to be held from 11-12:30 March 3, March 10, March 17. You may have heard at coffee hour casual explanations like "it is a church for the spiritual, but not necessarily for the religious." Or, "we're not like a regular church...we're a cool church." This Sunday Reverend Linda will focus on the history of the Unitarian Universalist denomination and discuss what UU's believe.

Carolyn Erickson



# Fling Away the Winter Chill

Save the date for Starr King's  
Annual Fundraiser Auction  
April 13, 5:30 p.m.

[CLICK TO LEARN MORE](#)

### Fellowship Office Hours:

Mondays: Closed

Tuesdays: 9:00 am to 1:00 pm

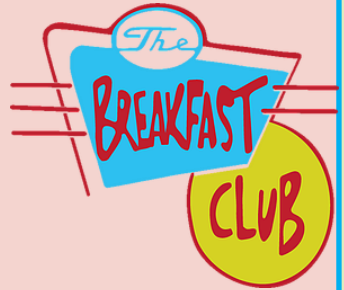
Wednesdays: 9:00 am to 1:00 noon

Thursdays: 9:00 am to 1:00 noon

Fridays: 9:00 am to 1:00 noon

(Days and hours are subject to change, however,  
any changes are posted in the weekly View)

**Please Note -  
Breakfast Club now meets on  
the Second Friday!**



**Breakfast Club - Friday, March 8, 2024**

Please notice that we have changed Breakfast Club to the **SECOND** Friday (instead of the first Friday) of the month.

We will meet for breakfast at Annie's Overflow Restaurant in Holderness at 8:30 AM and then on to our activity that begins at 10:00 AM.

We are in for a real treat this month! Eric Hoffman, Professor of Meteorology at Plymouth State University, will be giving us a **Tour of the Meteorology Facilities in the Boyd Science Center at PSU.** The tour will include a visit to the roof deck observation deck with an instrumentation "show and tell." Then we will move on to the electronic map wall for visualizing weather and climate data. Lastly, we'll visit the TV studio, where you will get a chance to try your hand at weather broadcasting!

Please contact Deedie Kriebel at [deediekriebel@gmail.com](mailto:deediekriebel@gmail.com), if you plan to join us.

[Back to Home Page](#)

**Second Sunday Hike - March 10, 2024**

Join us as we hike [Mt. Livermore via Old Mountain Road to the Crawford-Ridgepole Trail](#). This 2.6 mile out and back hike is considered moderate and takes under 2 hours to complete. It is just 15 minutes from Starr King.

We will go out after the hike for refreshments. We will leave the lower parking lot at Starr King at 11:30 AM after the service. Contact Deedie at [deediekriebel@gmail.com](mailto:deediekriebel@gmail.com), if you plan to join us.



## BOOK GROUP NEWS

Join the zoom book group March 12 at 3:30 when we will discuss:

### ***My Daughter, My Son: An Adolescent's Gender Transition Experienced by Mother & Child*** by [Betsie Harvie](#) [Luca Harvie](#)

The session will be led by Deedie Kriebel who personally knew the authors and their journey. You will be drawn into this human interest story of a middle class family struggling with one of the most emotionally challenging, financially devastating, dangerous and awkward situations they could be thrown into. Topics in this autobiography include: gender dysphoria, gender identity, transsexualism, hormone therapy, transition, gender re-assignment surgery, bullying, rape, drug and alcohol addiction, attempted suicide, police brutality, domestic abuse and depression.



Please email Taphi [admin@starrkingfellowship.org](mailto:admin@starrkingfellowship.org) if you would like to be added to the email list to get the zoom link. Visit our website for the full list of this year's book selections.

<https://www.starrkingfellowship.org/interest-groups>

## Join Us for Thursday Bridge

### At the Meetinghouse

1:30 to 3:00 PM

Any questions, contact  
Anna Wilken  
[awilken@roadrunner.com](mailto:awilken@roadrunner.com)



[Back to Home Page](#)

## Meditation Group, Mondays at 6 p.m.

Our meditation group meets every Monday from 6 to 7 pm in the upstairs foyer. We are a small informal group that shares an abiding interest in meditation. Usually, we have between 5 and 10 participants. We are not affiliated with any sect or religion, however we often follow meditations in the Buddhist tradition of Thich Nhat Hanh, Jack Kornfield, Pema Chodron and the like. We generally get together at 6 for brief hellos and pertinent comments. Then a facilitator for the week will offer a short reading or discussion on a meditation topic, followed by a guided meditation, related to the topic. The meditation can be anywhere between 20 and 40 minutes. Afterward we have a short debriefing and discussion of the experience. We adjourn at 7. There is no designated leader of the group and there is no effort to persuade anyone to any point of view.

We welcome newcomers to our group. This group is free and requires no dues or contributions. No previous meditation experience necessary.

## Great way to support SKUUF

The purchase of a Hannaford card to use for grocery shopping costs you no additional money but helps SKUUF raise funds. In addition, purchase of Hannaford gift cards is always in good taste and you can use the SKUUF Hannaford program to purchase gift cards to give as thoughtful gifts. Denominations \$25, \$100, \$500. Cash or Checks, sorry no credit cards as fees remove our profit. Remember all checks are made out to SKUUF with Hannaford on memo line.





**Starr King Unitarian Universalist Fellowship**  
101 Fairgrounds Road  
PO Box 337  
Plymouth, New Hampshire 03264

admin@starrkingfellowship.org  
(603) 536-8908

[www.starrkingfellowship.org](http://www.starrkingfellowship.org)

#### **Staff**

**The Rev. Dr. Linda Barnes, Minister**  
**Sarah Dan Jones, Music Director**  
**Grace Kennedy, Director of Religious Education**  
**Taphi Janelle, Office Administrator**  
**Margaret Rieser, Ministerial Intern**

#### **Governing Board**

Pres.: Jane Clay  
Vice Pres.:  
Treasurer: Janet Englund  
Secretary: Stephanie Halter

#### **Trustees:**

Robert Chandler  
Suellen Skinner  
Doug Grant  
Connie Maatta  
Louise Randall

## **Mission and Vision statement**

### **Mission:**

At Starr King Unitarian Universalist Fellowship, we cultivate more love in the world and nurture more love for the world.

### **Vision:**

Our Fellowship welcomes and cares for people of all ages and varied identities. We experience joy as we build community and use our relationships with each other to create a more loving world.

Our Fellowship embraces what is meaningful and beautiful. We offer diverse experiences in worship, music, and the arts through our services, events, and the use of our building.

We live and model our values, collectively creating social and environmental justice with direct action and financial support.

## **About Membership in Starr King Unitarian Universalist Fellowship**

### **What it Means to be a Member**

Membership is open to all individuals sixteen years and older regardless of race, creed, national origin, gender or sexual orientation who are in harmony with the visions, goals and principles of Starr King Unitarian Universalist Fellowship.

You are invited to become a member by participating in a Path to Membership orientation or by meeting with the Minister to review the benefits and responsibilities of membership. All new members sign the official Membership Record book witnessed by the Minister or a Membership Committee Chair.

Members are entitled to the services of the Minister and the use of the sanctuary for Rites of Passage (weddings, dedications, memorial services, etc.) at no cost. Members are eligible to serve in elected officer positions and serve as committee chairs. Members have the privilege of full voting rights.

Membership is maintained by active participation in the Fellowship, by supporting the annual Stewardship Drive and/or contributing service toward the Fellowship.

### **What it Means to be a Friend**

A Friend of Starr King UU Fellowship is an individual in harmony with the visions, goals and principles of our Fellowship who chooses not to sign the Membership Record Book. A Friend may participate in any and all Fellowship activities but does not receive Rites of Passage services without a fee, is not eligible to vote or serve as an elected officer or committee chair.

[Back to Home Page](#)