

Religious Education - SKUUF

Sunday, March 24th, 2024

Theme: *Transformation*

Story: *The Wonderful Things You Will Be* by Emily Winfield Martin

Welcome + Light the Chalice

Sit together in a circle. Ask for a volunteer to light the chalice.

Joys and Sorrows

Ask if anyone would like to share a joy or sorrow. After sharing, they can move a stone from one bowl to the other if they want.

Theme of the week -

“Transformation: We adapt to the changing world. We covenant to collectively transform and grow spiritually and ethically. Openness to change is fundamental to our Unitarian and Universalist heritages, never complete and never perfect.”

Interfaith connection -

Since our theme this month is transformation, today we are exploring how transformation and the festival of Holi are interwoven. Holi is a Hindu spring festival, widely celebrated in India and other parts of the world. It is known as the festival of colors. One of the traditions of Holi is to throw powdered colors all over each other.

By throwing all these colors everywhere, Holi reminds people that they have the power to transform the world from a drab, boring place to a place filled with the beautiful colors of joy, goodness, justice and knowledge. Today we are going to focus on that last one: how people have the power to transform ignorance into knowledge. Each color of Holi represents something. The color yellow represents knowledge and learning.

Holi Art - Meanings of the Colors

While you plan your colors, listen to the meaning of the various colors and decide what you would like to include.

Yellow: the transformation from ignorance to learning.

Red: the use of the red gulal [powder] is linked with Hindu mythology, specifically with the eternal love between Lord Krishna and Radha. According to legend, Krishna was worried about the difference in skin color between him and his beloved Radha. His mother playfully suggested that he could change Radha's skin color by smearing her with colors. Taking this to heart, Krishna smeared Radha's face with red color, symbolizing love and attraction. This playful act was well received and thus, began the tradition of smearing color on each other's faces.

Green: the color of life and rebirth, and nature.

Blue: The color blue is representative of the divine and the serene. In the Hindu pantheon, Lord Krishna is depicted with a blue complexion, further cementing its spiritual significance. The color reflects the infinite nature of the sky and the ocean, both elements that transcend the tangible and symbolize vastness, mystery, and depth.

Pink: Care and Compassion

Orange: a symbol of spirituality, orange emphasizes the importance of Holi as not just a physical celebration, but also a spiritual journey. Each speck of orange in the air carries a silent prayer for transformation and spiritual growth, adding a deeper layer of meaning to the festivities.

Purple: Luxury and Ambition

Brown: Brown, the color of the earth, symbolizes stability, reliability, and resilience in the context of the Holi festival.

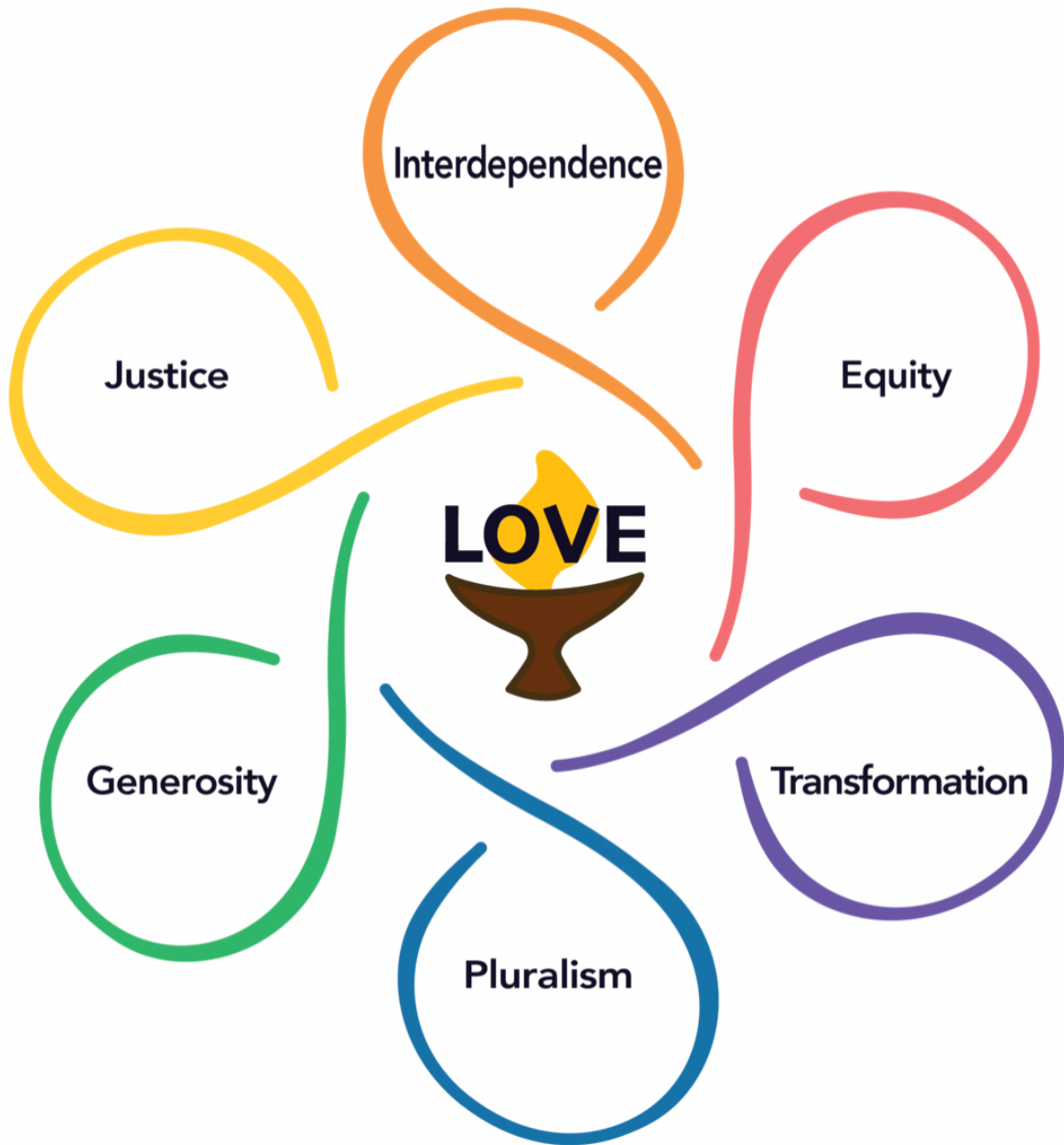
White: Purity and peace.

Suggested Closing Words

“May we each integrate all of the colors, just like all of the parts of changing, learning and growing.”

What do UUs believe in?

The 7 Unitarian Universalist values/principles



Draw your own version of the values flower!

Add drawings of what you think each value represents growing out of each petal.