# STARR KING VIEW

Starr King UU Fellowship
-A Welcoming CongregationJune 2023



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# Year-End Fellowship Barbeque

Please join us on June 11 after the service for a barbeque on the terrace behind the Fellowship. Grilled meats with a veggie option and drinks will be provided by your Committee Chairs.

We ask that you bring a salad, dessert, or appetizer to share, and your own plate and utensils. In return, we offer you conviviality, conversation and fun as we celebrate our thriving Fellowship and each other! We will hold this event rain or shine.



# A Note from Your Treasurer

Reminder: The Fellowship's fiscal year ends on June 30th, which means that any outstanding FY23 pledge amounts are due by the end of the month. Please contact me if you are unsure if you have a balance due.

Thanks,

Janet Englund, Treasurer

## **Summer Sunday Services**

We are in the process of putting together the summer services for this year. These services will be held in our sanctuary and available on Zoom. We have several dates filled already If you would like to offer a summer service or suggest someone, please let Rev. Linda know at <a href="mailto:minister@starrkingfellowship.org">minister@starrkingfellowship.org</a> so that we can get you on calendar.



June is Pride Month

What can we do to celebrate Pride in our LGBTQ+ community? Click here...

Final Gathering for Date with Death Club - June 4
Grief: Loving & Losing, Learning & Living
For more info...



#### Minister's Newsletter June 2023

And forget not that the earth delights to feel your bare feet and the winds long to play with your hair. *Khalil Gibran* 

Summer is nearly upon us. This is good time to encounter delight. As I work to put together the regular services for June, I find myself dreaming of the garden, summer projects working with my hands, and now that the light lingers far into the evening, walking after dinner. In short, anticipating delight. During the week from my office, I watch the neighborhood children play basketball, ride their bikes in our parking lot, and visit the little free library at the edge of our property. I imagine they are eager for summer. I imagine, with delight, their bare feet on the grass and the sunshine on their faces. What brings you delight? Our Soul Matters theme for June, The Path of Delight, has me thinking about what brings me joy, and what is of delight at our Fellowship home. So, here's my partial list in no particular order:

**The Building** - I have never seen our Fellowship look more inviting. It is a beautiful place, a welcoming space made even more so by those that have worked to improve our aesthetics. When people visit, this is what I hear *every time*, "What a beautiful place you have." This place is a delight.

Our Children – We have amazing children. I say we because part of me claims them as our children, an important part of our beloved community. Their learning and growing is evident to me every time I see them. I had a chance to spend a little time with our middle school group, they are engaging, curious, and funny. They give me hope. They make me smile. Thank you for bringing your children. Our children are a delight.

The Staff – Your staff and intern are awesome, no one knows this better than I! The work they do is so good that much of it goes unnoticed. Their work is often happily taken as "the way it should be" but know that there is always more work behind the scenes than meets the eye. It has been my pleasure this year to work with them to provide the care and keeping our Fellowship. Your staff are a delight.

The People – That's you. Whether I see you regularly or only occasionally, I am delighted to engage with you in meetings and in chance encounters. I love gathering with you, some of you bring me your dogs, this brings me joy. (I have treats so that I might be a delight to your pup.) Some of you bring me a joke or a story and I feel special. You bring me your insights, your humor, your willingness to engage, your brilliant ideas, your concerns, your tears, your living truth. It is an honor to witness. You are a delight.

I invite you to write your own list of delights; it's an exercise in gratitude and good place to rest before we embark on summer. This month we have an opportunity to be delighted by our youth, by flower communion and so much more. Community matters, it offers the spiritual balm of belonging, lessens loneliness, and affords us meaning and purpose. It is good to be in this endeavor with you. I am delighted.

In faith and love, Rev. Linda

# **June 2023 Sunday Services**

# June 4 A Circle of Community, Compassion, and Friendship Starr King Youth Group

In this special service the youth will present and celebrate the connections they have made in their youth group experiences. Join us to catch just a hint of what it meant to be a Starr King youth this year.

#### June 11 The Secret to life...

#### Rev. Linda Barnes

"The real secret to life is to live imperfectly in great delight" says Leigh Standley. Finding joy, expecting delight really, is critical to creating a just and beautiful world. Join us on this Sunday as we look to delight's sustaining power to make *more love for the world*.

# June 18 In Full Bloom: Flower Communion's Centennial Rev. Linda Barnes

This year marks the one hundredth anniversary of Norbert Čapek's Flower Communion. Come, bring a flower to share and together we'll celebrate this anniversary with delight, with color, with song, and with gratitude! This is our last regular Sunday service before the more casual summer services begin.

# June 25 Shine on Beautiful and Resilient People DRUUMM

Thanks to our Endowment Committee, Starr King co-sponsored DRUUMM's Public Worship entitled "Shine On, Beautiful & Resilient People", a festival of Black and Brown joy and resilience expressed through original works of music, preaching, and poetry. This is your chance to watch this amazing service which features religious professionals of color from across our Unitarian Universalist Association. DRUUMM is the oldest and largest UU People of Color Collective. This service is available in our sanctuary and on Zoom.

Diverse and Revolutionary Unitarian Universalist Multicultural Ministries

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#### Do You Wish You Could See a Service You Missed?

Did you know that most Sunday Services are recorded and posted to Vimeo - a cloud-based video platform similar to YouTube?
You can view any past service by navigating to our home page <a href="https://www.starrkingfellowship.org">www.starrkingfellowship.org</a> and scrolling down to the section called "Sundays at Starr King."

You can see the most recent Sunday or any past services.

On Friday, June 2 we will hold a vespers service in our sanctuary at 6:00 PM.

This will not be available on Zoom.

Pizza will be served after the service for those who'd like to stay and "break bread."

#### **Nursery Care**

If you have a child three years or younger, you are welcome to use the nursery to care for your child. Please know that children of any age are always welcome to remain in our services.

#### President's Letter—June 2023

"Be mindful, be grateful, be positive, be kind."-Roy T Bennett

The "church year" is coming to a close soon, providing time for a variety of other activities and change in the routine-whatever your routine may be. Delight is the Soul Matters theme for June. Did you know that the first week of June is National Garden Week? For me, working in my flower gardens is an area of delight, even though the black flies and mosquitoes are not. My lilacs, irises, phlox and more are providing delightful colors, and the peonies have lots of buds. I hope they will be ready for our Flower Communion service on June 18.

Our mission statement is now visible in the foyer as you enter the front door: "At Starr King Unitarian Universalist Fellowship, we cultivate more love in the world and nurture more love for the world." Our work focuses on this and was evident in the commitment shown by many of you at our annual meeting—community building and relationships with each other were evident. Many thanks to everyone for making the meeting successful. I felt the passion and excitement of many to become more involved, expressing interest in committee regrowth and working in several areas. I look forward to working together in the next year.

The board welcomes our new members, Brian Haskins, Suellen Skinner and Connie Maatta to our meeting in June (third Tuesday, 6:30 pm) even though they officially take office July 1. We do not plan to meet in July. I want to express sincere appreciation for the support and work provided by outgoing board members Suzan Gannett, John Marunowski and Sandy Mucci. I know that your support and work will continue for our Fellowship in different areas.

Summer services begin June 25-informal, informative and insightful. A variety of topics have always been offered and I hope you are able to participate in a few-either in person or limited Zoom. More information will be shared as plans are finalized.

Wishing you a wonderful June and summer,

Jane Clay

# **Board Bulletin**

- Successful 2023 Gift Appeal
- Building Rentals
- New Website
- Summer Service Plans
- UUA General Assembly

Reach out to any board member if you have questions or just to discuss matters

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# **Howling Monkey Nicaraguan Coffee Still Available**

Shade-grown, organic Howling Monkey Nicaraguan coffee can still be purchased to support both the Starr King Youth group and Compas de Nicaragua.

It is available either whole bean or ground, \$15.00 per pound. Please Contact Bob and Jane Clay, 603-996-1207 or jhclay@roadrunner.com, to make arrangements for pick-up or delivery.

#### **Soundbites**

"The sweet June days are come again" – Samuel Longfellow (from STLT #65)

This poem by Samuel Longfellow and set to music by Ralph Vaughan Williams is a hymn titled "Forest Green" as it reads in the grey hymnal, Singing the Living Tradition. It speaks to the greening of the season with praise and gratitude, which is something I am sure we can all get behind!

June will wind down our regular church year with some rituals and blessings, and I look forward to coordinating the music with our amazingly talented colleagues and volunteers. I am equally gladdened to hear that the church doors will be open on Sunday morning throughout the summer. This shows the continuing commitment to accessibility that we have available in our building and our online community. I plan on leading the service on July 24 whereby we have a good old fashion hymn sing.

I will also be attending the UUA General Assembly in Pittsburgh in June. Many important conversations and meaningful transitions are happening this year in our Faith movement. This is the beginning of the large scale passing of the revision of Article 2, which would revisit our Principles and Purposes. It is a two year process and I am excited to be at the continuation of that journey. The milestone occurs when Rev. Susan Frederick Gray completes her transformational 6 year term as the first duly elected woman and passes the wand to Rev. Sophia Bettancourt, the first woman to serve as interim UU President, and soon to be the first woman of color elected to represent our denomination. For me, this truly ends my cycle as a former UUA board member and I am excited about the future. My thanks to Cindy Spring and Nancy Chaddock for representing Starr King as online delegates; I will represent our Fellowship in person!

As always, my gratitude for a year well served by the many choir members, the volunteers that keep us moving forward and the unsurpassed staff team of which I am proud to be a part.

See yall in church Sarah Dan

## **SCHEDULE**

Sarah Dan and some variations of ensembles will be present every Sunday.



## **Great way to support SKUUF!**

The purchase of a Hannaford card to use for grocery shopping costs you no additional money but helps SKUUF raise funds. In addition, purchase of Hanna-



ford gift cards is always in good taste and you can use the SKUUF Hannaford program to purchase gift cards to give as thoughtful gifts. Denominations \$25, \$100, \$500. As summer approaches watch the calendar for office hours and see Taphi Janell. Cash or Checks, sorry no credit cards as fees remove our profit. Remember all checks are made out to SKUUF with Hannaford in memo line.

#### From Your DRE

#### **Religious Education and Youth Groups**

This past month in Religious Education we have explored the theme of *Creativity*. It has been a joyful time using our imaginations to shift our perspectives and discover the exciting things that arise when we have the space to let creativity flow freely. We've talked about what we can do when we make



mistakes and how we can imagine new solutions. With only three more weeks of RE left before we take a break for the summer, we have begun thinking about what activities and programs we wish to plan for next year, getting the children's input on what they are most interested in and excited about expanding. If you wish to be a part of these conversations, please contact the Director of Religious Education, Grace Kennedy, at <a href="mailto:dre@starrkingfellowship.org">dre@starrkingfellowship.org</a>.

Both our Middle and High School Youth Groups have continued to meet regularly and have spent the past few meetings preparing for the service that they will offer on Sunday, June 4th. This service will be a wonderful opportunity to hear about the many things our youth have been up to this year at SKUUF and their reflections on what these experiences have meant to them. We are so incredibly proud of all of our youth for the immense growth, courage, friendship, compassion, and joy they have demonstrated and shared with us this year, and we encourage everyone to attend this service to witness and celebrate these amazing young people.

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#### June Outreach Collection

The Circle Program is our June outreach program. You can donate online or in the offering plate on the designated Sunday in June.



Circle Program's mission is to empower, transform, and enrich girls' live through community, connection, camp, and mentorship. We do this through a unique combination of residential summer camp, 1:1 mentorship, and school year programming. Girls are referred to Circle Program by guidance counselors at their schools around the age of 9 and we try to keep them in the program until they graduate high school. The youth in our program come from financially or socially disadvantaged backgrounds. All of the programs and services Circle provides are 100% tuition free for our participants. All of the girls/ youth and teens come from the Lakes Region and Greater Concord areas. Circle Program is celebrating its 30<sup>th</sup> anniversary this camp season! For more information about Circle Program or if you're interested in becoming a volunteer mentor, please visit circleprogram.org.



Thanks to your Generosity to Our Outreach Collections:

In April 2023

We sent \$1,815.00 to

Common Man for Ukraine



# Thank you, Starr King UU Fellowship!

**UU Action New Hampshire is grateful to** Rev. Dr. Linda Barnes, Sarah Dan Jones, and the congregation at Starr King for helping to make our 2023 Annual Meeting so successful!



We are pleased to announce the election of our 2023 UUANH **Leadership Team:** 

**Anne Grossi Robin Schnell** Rev. Judith Wright **Curtis Smith Rik Yeames** John Nevin

Paul Phillips, President Starr King UU Fellowship **UU Church of Manchester South Church, Portsmouth UU Society of Laconia UU Church of Manchester UU Church of Concord UU Church of Nashua** 

With the departure (and ordination!) of Rev. Caro Barschow, our Leadership Team has one open seat. Won't you consider joining the Leadership Team? Email Mo Baxley, Executive Director mo@uuactionnh.org to learn more.

Interested in signing up for our monthly Climate Justice Zoom meetings? Email Mo at mo@uuactionnh.org to learn more.

Please consider donating to UU Action NH. Your monthly recurring donation helps amplify UU voices across our state. Donate at www.uuactionnh.org.

UU Action NH is New Hampshire's statewide action network of Unitarian Universalist congregations bringing UU voices to-

to make change happen in the Granite State.

Learn more about UUANH and our social justice work in New Hampshire by visiting <a href="https://www.uuactionnh.org">https://www.uuactionnh.org</a>.

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#### New phone number?

More and more folks are relinquishing land lines and replacing with cell phones. Yet the old phone numbers are still in our membership files. Please let Taphi know at admin@starrkingfellowship.org if your number has changed.



#### Date with Death Club -

## Grief: Loving & Losing, Learning & Living

Date with Death Club has been exploring mortality from both the practical end of things (pun intended) and the more reflective side of things.



The final gathering of the Date with Death Club will be Sunday, June 4<sup>th</sup> from 1:00 until 3:00. In this last regular session, Grief: Loving & Losing Learning & Living, we'll explore how grief and disenfranchised grief (the grief people don't talk about) work and what it means in our lives. We'll also touch on how best to respond to those who are grieving.

Whether or not you've attended before, all are welcome to attend. If you are joining us for the first time, let us know (admin@starrkingfellowship.org) so that we can have sufficient materials for all those who attend.

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Each year during the month of June we celebrate Pride in our LGBTQ+ community. It's a time to remember our predecessors, those who came before us and fought for the rights of lesbian, gay, bisexual, transgender and queer people to live our lives out in the open. This is a time to be joyful about how much rights for LGBTQ+ have been expanded over the past 50 years and to use that immense joyous energy to activate ourselves and others to take the necessary steps to ensure that these rights are not diminished.

What can you do? If you know of any Pride events taking place in our area, send the information about them to Taphi (admin@starrkingfellowship.org) to ensure it gets posted in our Starr King weekly newsletter, The View. Educate yourself about what is happening these days for LGBTQ+ people. What are the legislative threats to our rights? What are the issues that people in the community are facing? Finally, speak up. Talk with your family, friends, and neighbors about your Pride in and appreciation for our LGBTQ+ community and the way our Fellowship supports it.

#### **Climate Action News**

# Climate Action Committee to Focus on Building Local Relationships

The Climate Action Committee held its last regular meeting for this fiscal year on May 19<sup>th</sup>. The Committee decided that when it starts up again in the Fall, it will be important to be in relationship with active local climate action groups meeting and working in our area of New Hampshire.

Nancy Chaddock recently began attending meetings of the Citizens' Climate Lobby (CCL) chapter in our area that meets once a month at the Meredith Library. The CCL is most known for its lobbying efforts to put a price on carbon. A new attempt to accomplish this is expected to be made in the near future. CCL has also added other climate goals related to: planting trees where they're most needed; electrifying America's buildings; and reforming America's clean energy permitting process. Regarding that last issue, there is a critical need to move much faster than the time it takes now to obtain the permits needed to build new clean energy projects.

CCL is just one of many climate-related groups active in New Hampshire whose activities we might join on occasion to help with a certain issue.

Inaction on climate change at the State level is a concern of such groups. Also unwanted action—for example there is a new effort to encourage hydro-electric power from Canada down along the NH/VT border, with some underground digging proposed in northwestern NH towns that will deserve watching. Our Committee will be prepared in the Fall to respond quickly if a need arises to hold a letter-writing activity at our Meetinghouse, directed to our State reps on a specific climate issue.

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## **Membership News**

SKUUF recently welcomed two new members to the community: Malik Hammond and Carolyn Erickson.

Originally from New England, Malik and his family moved back from the west coast in 2013. Having worked for 25 years in the hospitality industry, Malik became a stay-at-home dad in 2021. His wife, Tiffany, is a grant writer and they have three children: Sophia, Gabriel, and Holly.

Carolyn located from Utah to Plymouth last fall to be closer to her two granddaughters. A retired physical therapist, she has been a UU since 1980. She enjoys cooking, reading, hiking, and being involved in local political and environmental issues.

#### **Reproductive Rights Group**

Since January we've been holding monthly meetings after the Sunday service. We are pleased that both men and women have been present at our meetings as we discuss actions now and in the future that we may want to take as developments in New Hampshire and across the country take place concerning the many issues of reproductive health.

Actions so far have involved tracking the bills under debate at the State House in Concord and getting the word out on how individuals can voice their opinions on these bills before they are subject to a vote by our representatives.

We are an informal group in terms of overall attendance at our monthly meetings. *Please consider joining us when you can!* 



# **UUA GENERAL ASSEMBLY**PITTSBURGH • JUNE 21 - 25, 2023

# **UUA General Assembly, June 21-25**

This year's annual meeting of the Unitarian Universalist Association will be held in Pittsburgh Pennsylvania. Participants will have the option of attending GA in person in Pittsburgh, PA, or by virtual participation online.

Endowment funds for registration reimbursement may be requested by submitting the form on the Member Resources page. Cindy Spring and Nancy Chaddock will represent us as delegates. Click here for more information about GA **General Assembly: The Unitarian Universalist Association's Annual Meeting** 

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# Book Group News

Join us every 2nd Tuesday of the month at 3:30 p.m. for a lively book discussion. Email <a href="mailto:kmkelsey@gmail.com">kmkelsey@gmail.com</a> if you'd like to be added to the email list to receive the monthly zoom link.

The books for the coming year are:

June 12 - *The Fixed Stars* by Molly Wizenberg

July 10 - *Tattooist of Auschwitz* by Heather Morris

August 14 - *The Bible* by Karen Armstrong



# **More Activities...**

Click here to:

Check out the Calendar on the website for other activities...

- Climate Action—1st and 3rd Fridays at 10:00 AM, contact Nancy Chaddock for more info
- Bridge—Thursdays at 12:30 PM, contact Anna Wilken for more info
- GentleYoga—Tuesdays at 5:00 PM and Saturdays at 8:30 AM, contact Darlene Nadeau for more info

# Breakfast Club - Friday, June 2



Join us on the first Friday of each month. This month we will meet at Annie's Overflow Restaurant in Plymouth at <u>9 AM</u> (note change of time) for breakfast and conversation. Then we will travel to the Plymouth Senior Center to try Line Dancing at 10:30 AM! Just wear comfortable shoes. Donation basis. Please contact Deedie Kriebel at cdkriebel@gmail.com, if you would like to join us.

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# "Second" Sunday Hike -

Water Day on Newfound Lake.

Instead of a hike this month, we are having a WATER DAY at the home of Chuck and Deedie Kriebel on Newfound Lake! We will leave from Starr King after our Year-end Fellowship Barbecue.

We have kayaks, a canoe, and pedal boats to share. Feel free to bring your own boats and water toys as well. There is also badminton/volleyball, horseshoes, and tetherball. Please bring swimsuits, lifejackets, towels, snacks and beverages. We have lots of chairs. It's a great beach for little ones, as it slopes gradually with lots of shallow water. We have a fire pit, so it might be fun to have s'mores and a sing-along.

Please let me know, if you want to play with us. Contact Deedie at cdkriebel@gmail.com. Bad weather will cancel the event.



# Meditation Group, Mondays at 6 p.m.

Our meditation group meets every Monday from 6 to 7 pm in the upstairs foyer. We are a small informal group that shares an abiding interest in meditation. Usually, we have between 5 and 10 participants. We are not affiliated with any sect or religion, however we often follow meditations in the Buddhist tradition of Thich Nhat Hanh, Jack Kornfield, Pema Chodron and the like. We generally get together at 6 for brief hellos and pertinent comments. Then a facilitator for the week will offer a short reading or discussion on a meditation topic, followed by a guided meditation, related to the topic. The meditation can be anywhere between 20 and 40 minutes. Afterward we have a short debriefing and discussion of the experience. We adjourn at 7. There is no designated leader of the group and there is no effort to persuade anyone to any point of view.

We welcome newcomers to our group. This group is free and requires no dues or contributions. No previous meditation experience necessary.

Starr King Unitarian Universalist Fellowship

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admin@starrkingfellowship.org

(603) 536-8908

www.starrkingfellowship.org

#### Staff

The Rev. Dr. Linda Barnes, Minister Sarah Dan Jones, Director of Music Ministry Office Administrator, Taphi Janelle Interim DRE, Grace Kennedy

Ministerial Intern, Margaret Rieser

# Starr King Fellowship Governing Board

Jane Clay, President Doug Grant, Vice-president Janet Englund, Treasurer Stephanie Halter, Secretary

Trustees:

Bob Chandler
John Marunowski
Sandy Mucci
Suzan Gannett
Diana Pamplin

#### **Mission and Vision statement**

#### Mission:

At Starr King Unitarian Universalist Fellowship, we cultivate more love in the world and nurture more love for the world.

#### Vision:

Our Fellowship welcomes and cares for people of all ages and varied identities. We experience joy as we build community and use our relationships with each other to create a more loving world.

Our Fellowship embraces what is meaningful and beautiful. We offer diverse experiences in worship, music, and the arts through our services, events, and the use of our building.

We live and model our values, collectively creating social and environmental justice with direct action and financial support.

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# About Membership in Starr King Unitarian Universalist Fellowship

## What it Means to be a Member

Membership is open to all individuals sixteen years and older regardless of race, creed, national origin, gender or sexual orientation who are in harmony with the visions, goals and principles of Starr King Unitarian Universalist Fellowship.

You are invited to become a member by participating in a Path to Membership orientation or by meeting with the Minister to review the benefits and responsibilities of membership. All new members sign the official Membership Record book witnessed by the Minister or a Membership Committee Chair.

Members are entitled to the services of the Minister and the use of the sanctuary for Rites of Passage (weddings, dedications, memorial services, etc.) at no cost. Members are eligible to serve in elected officer positions and serve as committee chairs. Members have the privilege of full voting rights.

Membership is maintained by active participation in the Fellowship, by supporting the annual Stewardship Drive and/or contributing service toward the Fellowship.

#### What it Means to be a Friend

A Friend of Starr King UU Fellowship is an individual in harmony with the visions, goals and principles of our Fellowship who chooses not to sign the Membership Record Book. A Friend may participate in any and all Fellowship activities but does not receive Rites of Passage services without a fee, is not eligible to vote or serve as an elected officer or committee chair.