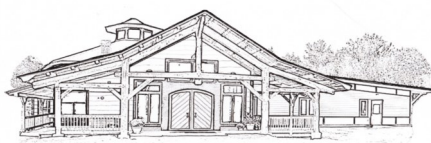


STARR KING VIEW

Starr King UU Fellowship
-A Welcoming Congregation-
May 2023



In this issue:

- [Sunday Services](#)
- [Minister's Letter](#)
- [Letter from the President](#)
- [Soundbites](#)
- [Nominating Committee](#)
- [Religious Education News](#)
- [Climate Action Team](#)
- [Outreach Collection](#)
- [Reproductive Rights Group](#)
- [UUA General Assembly](#)
- [Breakfast Club, Sunday Hike, Meditation Group](#)
- [Book Group, Opening Lines and More Activities](#)

SPRING - YARD CLEAN UP DAY

Saturday May 20th - 9 to 11:30 AM



Are you READY!?! The more members & visitors that help, the more we will get done! Remember, we are “the ones” who make the Fellowship look great, so we hope to see you there!!

What to Bring:

Gloves—Rakes or leaf blowers—Tarps for moving leaves & sticks

Any questions please contact me or just let me know you will be there.

Jennifer Gentry (B&G Chair) junebug2104@gmail.com

Date with Death Club: A Multi-Session Curriculum to Explore Mortality in Community

The Date with Death Club (DwDC) curriculum explores mortality in community. DwDC is an opportunity to learn, share, and deepen your own understanding of what death means to you and how you want to approach death—particularly your own. “This class can help us face death with less fear and more curiosity, with less euphemism and more reality, with less conformity and more creativity.”

Remaining classes meet from 1:00 until 3:00 PM on Sunday afternoons.

Dates: Topics

April 30 Owning Your Own Dying

May 21 Planning Your Own Funeral, Memorial, or Celebration of Life Service

June 4 Grief: Loving & Losing, Learning & Living

To sign up, email us at admin@starrkingfellowship.org and let us know what dates you'd like to attend. Please feel free to share this and invite friends. Classes are free and open to anyone high school age or older. You can direct questions to Linda Barnes at minister@starrkingfellowship.org.



Minister's Newsletter May 2023

Inspiration exists, but it has to find you working.
~ Pablo Picasso

The power of creativity provides us beautiful music, moving poetry, creative literature, colorful productions, and more. Creativity helps us learn, to grow and certainly provides us a richness of good humor and experience. At the same time, it's not always easily accessed. I have found myself figuratively looking under couch cushions and floor mats, behind trees and in the waste basket for my muse! Where is my creativity when I need it? Inevitably, for me, this quote from Pablo Picasso rings true, "Inspiration exists, but it has to find you working." This is true for individuals and institutions; it is true for our Fellowship Community. I'm looking forward to exploring this theme with you on Sunday mornings and in our Soul Matters groups.

We use creativity to find solutions to address those things we'd like to change or make new. When we widen our minds to possibility, creativity can find us. This has always been true for us. We've navigated providing worship during Covid; our creative solutions have ultimately made our services more widely accessible for members. We wanted to reduce our carbon footprint; our creative efforts have brought about our solar array. I imagine that you can think of other ways we have creatively solved problems and lived into our mission. I do not doubt that we will find creative solutions to help navigate our current budget shortfall. Please offer your support and creativity to the board and the Finance committee as we work with you to make the best decisions possible.

Recently, I provided pulpit supply for a colleague on sabbatical. I love doing this because it gives me a chance to see how other congregations offer worship, how they communicate, interact with each other, and their guests. It also lets me try my sermons in a different, unfamiliar setting. That's good for me too. I'm so glad I did it. I found their community warm and welcoming. The unexpected thing I gained was renewed appreciation for our community. I was reminded of all the things we do well and perhaps take for granted. It's human nature to focus on problems, they warrant it, but taking a moment to recognize what is *well and right* is worthy of attention too. No doubt inspiration exists, will be ours, and will find us working. All will be well.

In faith and love,
Rev. Linda

[Back to Home Page](#)



May 2023 Sunday Services

May 7 Chaos Serves Creation

Rev. Linda Barnes

Creativity is required to find solutions and so, too, to make good change. Research informs us that for truly creative endeavors we benefit from procrastination, doubt, and mistakes. Really, there is evidence for this! Join us this Sunday as we recognize the need to feed our imagination.

May 14 Make Way for Ducklings: A Mothers' Day for All

Rev. Linda Barnes

This Sunday we'll use Robert McCloskey's *Make Way for Ducklings* to explore the ways we welcome, nurture, and support the growth and wellbeing of the generation of humans who have only recently arrived.

May 21 Reframe: A Metaphor to Change Your Mind

Rev. Linda Barnes

Our minds are constantly telling us our stories, informing us who we believe we are. These stories, even if they're on autorepeat, aren't necessarily accurate and certainly are not our whole story. In this service, we'll explore the possibility of reframing our metaphors, the stories we tell of ourselves, to better measure the worth of our experiences and possibilities for the future.

May 28 Creativity All Around Us

Margaret Rieser, Ministerial Intern

Acts of creativity are everywhere, large and small. On the bulletin boards that grace our hallways, and in the treats we enjoy at coffee hour, we recognize that creative spark in ourselves and each other. Also, on this Memorial Day weekend, we will take a moment to honor those who have served our country.

[Back to Home Page](#)

Do You Wish You Could See a Service You Missed?

Did you know that most Sunday Services are recorded and posted to Vimeo - a cloud-based video platform similar to YouTube?

You can view any past service by navigating to our home page www.starrkingfellowship.org and scrolling down to the section called "Sundays at Starr King."

You can see the most recent Sunday or any past services.

On Friday, May 5, we will hold a vespers service in our sanctuary at 6:00 PM.

This will not be available on Zoom.

Pizza will be served after the service for those who'd like to stay and "break bread."



Nursery Care

If you have a child three years or younger, you are welcome to use the nursery to care for your child. Please know that children of any age are always welcome to remain in our services.

President's Letter—May 2023

It is amazing to see so much green after a couple days of rain! Leaves are opening on my lilac bush outside my office window, daffodils continue to open, forsythia still bright yellow-my favorite time to get outside and re-discover life!

Starr King is rediscovering ways as we continue to hold our mission and vision statement in view. In Costa Rica, Grace Kennedy, Director of Religious Education, and some of the senior high youth, along with Bob Clay and Jessica Dutille, have attended a Quaker meeting, toured an organic coffee farm, and are scheduled to climb the massive trees today. I have been informed there will be many pictures to share when compiled after the busy days. This is one example of building community using relationships with others, with diverse experiences, and environmental justice.

And, what about our recent auction? Many people of all ages, experiencing joy with the wider community, building relationships, arts galore, with direct action and financial support...these phrases from our mission and vision statement seemed to be in **bold** print as I read it! Many thanks to the team who made this evening such a success.

We continue to model our values through social and environmental justice: Climate Action Committee hosted a NH Saves Button-Up workshop April 24, April's outreach is going to Common Man for Ukraine organization, and the UU Action NH annual meeting is Saturday April 29, with strong representation from our congregation.

Our annual meeting is Sunday, May 21, following worship, where our good work continues, in-person and via Zoom. Living and modeling our values with direct action and financial support is vital to our continued success.

Jane Clay, President Starr King Board

[Back to Home Page](#)

Howling Monkey Nicaraguan Coffee Still Available

Shade-grown, organic Howling Monkey Nicaraguan coffee can still be purchased to support both the Starr King Youth group and Compas de Nicaragua.

It is available either whole bean or ground, \$15.00 per pound. Please Contact Bob and Jane Clay, 603-996-1207 or jhclay@roadrunner.com, to make arrangements for pick-up or delivery.



Soundbites

The Pathway to Creativity.

When Rev. Linda and I started looking at this Soul Matters theme for May, it struck me that this might be the topic that resonates the most with me. As I have stated before, I consider myself a “generalist” when it comes to music; I don’t feel like I excel at any one genre or instrument, but am able to spread appreciation for the broad spectrum that encompasses the art.

I grew up in an old Presbyterian church in Brunswick, Georgia that valued music – at least enough so to host an amazing pipe organ, a grand piano and a functioning adult choir. There was not, however, the resource or interest to have a children’s choir, so I went down the street to the Methodist Church to participate in that group. Yet, my home church always welcomed me when I wanted to play in a Sunday service. Whether it be flute, piano, or singing I was allowed to follow my path to creativity in the worship venue. In high school, I was entrusted with a key to the church building so that I might go and play the piano anytime I wanted. What a gift!

One of the things I enjoy exploring is improvisation. It usually takes form in a hymn whereby I change the tempo, or the key or the texture. Often when the Starr King choir is preparing to join me, I am asked “how many times are we going to sing the ending, etc..” to which I usually reply “Until the Spirit moves me to end.” Live Music is one of those arts that takes shape in the moment, and once the creativity is spent, the moment passes and all that is left is the impact on the listeners and the creators.

This is what I hope to impart to our children, youth and adults who participate in the music ministry at Starr King. An opportunity to explore their own individual and collective creativity while learning the value of sharing that gift with those gathered – even if for that brief moment in time.

May you all continue to sing and rejoice!

Sarah Dan

Schedule:

Sundays:

May 7th – Sarah Dan

May 14th – Will Gunn, musician

May 21st – Sarah Dan and choir

May 28th – Sarah Dan and choir



The choir meets every Thursday
in the sanctuary at 6:00 pm for rehearsal.

Thank you !!

The Auction was a resounding success!

**Thanks to our donors, bidders, performers, volunteers,
organizers & attendees, we raised over \$11,000!!**

**A wonderful example of our community coming together,
and great fun was had by all!**



From Your DRE

Religious Education

The youth of SKUUF continue to bring great joy and value to our congregation! In the past month, we have explored the theme of resistance, reading poems and stories that highlight the many ways people have stood up to injustice throughout history and across cultures. The children learned about Beatrix Potter, a well known Unitarian author who also invested much of her energy into land conservation. They also learned about Gandhi and his many acts of nonviolent resistance to oppression. On April 23rd, a young member of our congregation, Sofia, shared her personal story of choosing the path of resistance. It is inspiring to witness such integrity and initiative, and we are so proud of and grateful to Sophia for sharing her story. We encourage anyone who missed that service to watch the recording on the SKUUF website.



Both the Middle and High School Youth Groups continue to meet regularly and provide the youth of our community with a space to gather together, reflect, share, and have fun. The last week of April, four High School Youth Group members, along with the two facilitators, Jess and Bob, journey down south to Costa Rica. There, alongside the Director of Religious Education, Grace, they spent several days exploring the cloud forest and unique mountain town of Monteverde, as well as the town of Samara on the Pacific coast. This trip has been an incredible opportunity for these young folks to experience a new culture, ecosystem, and way of life. We have created many wonderful memories together, and we look forward to more trips together as a Youth Group.

[Back to Home Page](#)

Many thanks to Dorothy Crowell for sharing her lovely digital art work in our foyer.



Dorothy Crowell is college student and a digital artist. She has had a love for art her entire life, but became very artistic when she realized it was therapeutic for her epilepsy. Through all those years doing art, she discovered her artistic talent. She loves spreading awareness for nature and conservation by drawing pictures of animals and natural landscapes.



Report from Nominating Committeere

The Nominating Committee is pleased to announce the following candidates for vote at the Starr King Annual Meeting on May 21, 2023. Terms begin July 1, which is the beginning of our fiscal year.

2023 Slate of Nominees

Governing Board

Vice President - 2023-2024 completing Doug Grant's term Brian Haskins

Trustee - 2023-2026 (3 year term) Doug Grant

Trustee- 2023-2026 (3 year term) Connie Maatta

Trustee - 2023-2024 1 year term, completing term of Suzan Gannett, who replaced Richard Odman as Trustee Suellen Skinner

Endowment Committee

2023-2026 (3 year term) Jennifer Gentry

Nominating Committee

2023-2026 (3 year term) Darlene Nadeau

Nominees - Biographic Sketches

Brian Haskins - Vice President, Governing Board - 2023-2024

I have been involved with the Boy Scouts of America as Scoutmaster and on the board of directors for Troop 124, Tinton Falls, New Jersey. I was a little league coach as well as Pony league Coach for the Tinton Falls Baseball league. I was fortunate enough to be able to attain 35 years of Federal Service. Four years which were as a Naval Seabee, and thirty one years as a letter carrier. My Seabee experience gave me a broad knowledge of construction as well as engineering. Being able to cross trades and crafts, gave me keen experience to construction principles in all aspects. From concrete, wood, steel, plumbing, and electrical the training was invaluable and was and is a grand asset I can offer to the fellowship. 31 years of postal delivery service dealing with patrons gave me another opportunity to experience training in communication skills, safety principles, and organization training!

I have experience as a steward as well as President of my local Union in Laconia for 20 years. Negotiation skills for contract negotiations was a benefit I hope to share. I was a steward for six years and fourteen years as President until my retirement in 2010. I was also trained as a mediator for arbitration discussions.

I also served on the Board of Directors of the Federal Employees Credit Union of Belknap County as Vice President, trustee, and loan officer, until a merger with Members First Credit Union. In total, 15 years of financial fiscal experience in banking.

Finally, and without saying, service to our community here at Starr King, has definitely been the most enjoyable and fruitful experience of my life!

Doug Grant - Trustee, Governing Board - (2023-2026)

Upon moving to Amherst NH in the early 1980s, my late wife Susie and I decided that a church might be a good place to meet people with compatible views. As former semi-Episcopalians, we tried that church first, but rejected it due to "smells and bells". Then we tried the Milford NH UU Church, led by the Revs Olav and Jeanne Nieuwejaar, and we were very satisfied members there until we moved to Manchester, where we joined the Manchester UU Church. When we moved North to Littleton in 2003, we joined the St. Johnsbury, VT Church. In 2010 I joined SKUUF. Since then, I have converted my partner Patsy Kendall to UUism, but her views were already UU-like. I am also Treasurer of Transport Central and the Pease Public Library.

Connie Maatta - Trustee, Governing Board - 2023-2026

I am volunteering to serve on the Starr King UU Board as a Trustee for three years. husband, Jon, and I moved to Plymouth in 1991 with our daughter, Kelly. We have been members of Starr King UU Fellowship since 1993.

I was born and lived in Upstate New York, near Ithaca, in 1955. I met and married Jon in 1974. We continued our educations together. I graduated from Cornell University in 1978 and worked in their Vege-

table Crops Department as a researcher for six years. We then moved to Columbia, Mo. for six years where Jon was a professor in the Statistics Department of University of Mo., Columbia. I switched my career to landscape design while in Mo. and have built a small business as sole proprietor of Design Plus Landscape Services. I continue to work part time.

Our daughter lives in Key West, Florida. We have one granddaughter, Olivia, age 11 and a grandson soon to be born. We enjoy visiting them in the winter!

We are very happy to have settled here in Plymouth, NH. Being a member of Starr King UU Fellowship is a big part of my life. I look forward to becoming a Board member.

Suellen Skinner - Trustee, Governing Board - 2023-2024

Suellen Skinner is a part of a long line of Presbyterian pastors. As a military dependent of the base chaplain she moved regularly, attending a long list of base chapels until her father retired and she joined her first Presbyterian Church. This began a life-long involvement in church. She graduated from Florida State University with a BS in Biology and moved to the Washington DC area with her husband where she worked at the Federal Maritime Commission. She left her job after the birth of her second child and spent eight years as an at home caring for (eventually) four children. She served on the Education committee of her church in Arlington, VA and the church in Berryville, VA, where she raised her kids and finally became a session member. She served on the session until she answered the call to ministry in 2004, moving to Louisville, KY to attend Louisville Presbyterian Theological Seminary, receiving her Mdiv in 2007. She accepted a call to Berryville Presbyterian Church in Zanesville, OH, serving as solo pastor for 11 ½ years. In 2019 she decided to move to NH to live with her daughter Jessica and her family on their farm. This allowed her to experience her dream of being a farmer.

She joined Starr King in 2020 just after the onset of COVID and greatly appreciated the gift of Zoom worship during this time of isolation. She has served on the Climate committee for a couple years and has recently become active with the new Reproductive Justice Support Group. She has especially enjoyed serving on the Intern Committee, where she has the chance to share with our intern some insights into the work of ministry from her experience. She looks forward to working with other members of Starr King to further the mission of the church and learning more about the workings of the UU Church locally and regionally as she has a strange attachment to attending meetings.

Jennifer Gentry - Endowment Committee - 2023-2026

Jennifer holds a BS in Finance, a MS in Finance, and a MAS in Accounting.

She works seasonally as a Tax Accountant for YG Financial in Champaign, IL as well as owning and managing several apartment buildings in Urbana, IL. She also is the Treasurer for the Champaign-Urbana Symphony.

She has been a member of Starr King since February 2017 along with her spouse Janet Englund.

Darlene Nadeau - Nominating Committee - 2023-2026

Darlene has been a member of Starr King since 2006. George Maloof introduced her to Starr King in 2002. Prior to Starr King, Darlene enjoyed membership at the Unitarian Universalist Congregation in Milford, NH. Darlene grew up in the Hartford, CT area, migrated to Chicago, and lived contentedly in southern NH for 30 years prior to happily settling in Plymouth.

Darlene values the Unitarian Universalist vision and mission, especially those supporting social and environmental justice. She also embraces Tibetan Buddhism, meditation, and yoga practices.

Respectfully submitted,
Nominating Committee
Deedie Kriebel, Chair
Bill Trought
Mary Crowell

May Outreach Collection: Got Lunch Plymouth

For the past ten years “Got Lunch, Plymouth!” has delivered many thousands of lunches over the summer to Plymouth’s schoolchildren in need. Each week’s delivery includes enough supplies for a full week of lunches.

Questions? Want to help? Please contact Margaret Salt.



*Thanks to your Generosity to
Our Outreach Collections:*

In March 2023

We sent \$1,096.00 to

CASA

(Court Appointed Special Advocates)

[Back to Home Page](#)

Report from Your Endowment Committee

The Endowment Committee would like to present to you how our funds were distributed for 2022-2023. See summary below:

Endowment Committee’s 2022-2023 Distribution Summary As of 5/1/23

GA Conference Registration	\$500
Youth Group – Support Trip to Costa Rica	\$2,000
Conferences & Workshops	\$660
Non-Profits:	
Contribution to monthly outreach	\$1,800
Holiday Giving Drawing	\$1,500
Various non-profits	\$300
Other:	
Books	\$227
Solar Array Purchase Campaign	\$3,000
Tech-Consult for interactive Zoom	\$68
Tech-Laptop for Sunday service	<u>\$599</u>
TOTAL Distributed as of 5/1/23	\$10,644
TOTAL Allowable CAP for 2022-2023	<u>\$12,500</u>
TOTAL Unused as of 5/1/23	<u>\$1,856</u>

Climate Action News

What we can do in the Plymouth area to recycle soft plastic.

As reported previously to you in this space, our Fellowship's Climate Action Committee has been considering for some time what actions we might take to recycle soft plastic, all those plastic bags and wrappers that surround so much of what we buy. Best not to buy those products at all of course, and many of us do use alternative products or wrapping where we can. But somehow, many of those soft plastic bags and wrappers persist in coming into our homes.

We've learned about the successful collections of soft plastic that are held regularly at the UU Laconia church. The plastic is recycled by Trex, a company that makes products from the plastic. The collection process has grown to become a city-wide effort in Laconia, with many volunteers and businesses involved. Our Fellowship members who live at the Taylor Community are part of this effort. We are in awe of what has been accomplished by those dedicated volunteers.

With consideration to the enormous commitment that has evolved there in Laconia, we hesitate to try to start something similar in the Plymouth area because there are elements in the process requiring much time and effort, including the massive communications that are necessary for each collection.

*However, Trex, has established local drop-off locations, including one located at Market Basket in Plymouth. Look for the **NexTrex** bin when you shop there!*

Following is a list of soft plastic that Trex will accept: pallet wrap, stretch film grocery bags, bread bags, dry cleaning bags, newspaper sleeves, Ziploc and other resealable food storage bags, produce bags, plastic covering on paper towels, air pillows, bubble wrap, shipping envelopes, wraps around electronics, films labeled with #2 or #4 recycling symbol, ice bags, wood pellet bags, salt bags, cereal box liners. Note: all plastic must be clean, dry and free of food residue.

Trex cannot recycle the following plastic items: frozen food bags, candy bar wrappers, potato chip bags, net or mesh produce bags, degradable/compostable bags, pre-washed salad mix bags, pet food bags, hot dog or meat wrap packaging, six-pack rings, PPE gloves, masks, or protective wear, pool covers, silage and hay bags, vinyl shower curtains or tablecloths, shiny, crinkly films like floral wrap.

[Back to Home Page](#)

Reproductive Rights Group

Since January we've been holding monthly meetings after the Sunday service. We are pleased that both men and women have been present at our meetings as we discuss actions now and in the future that we may want to take as developments in New Hampshire and across the country take place concerning the many issues of reproductive health.

Actions so far have involved tracking the bills under debate at the State House in Concord and getting the word out on how individuals can voice their opinions on these bills before they are subject to a vote by our representatives.

We are an informal group in terms of overall attendance at our monthly meetings. *Please consider joining us when you can!*

ARE YOU THINKING ABOUT ATTENDING THE 2023 UUA GENERAL ASSEMBLY?

Funds are available from the Endowment Fund to pay for the registration fee for GA:

Dates: June 21-25, 2023

Location: Pittsburgh, PA

Cost: Full Virtual Registration - \$300

In-Person ranges from \$350-\$600 (check the UUA website for more details)

Apply for reimbursement on the Starr King UU website by selecting select "Endowment Request" from the drop down under the Members tab.



UNITARIAN
UNIVERSALIST
ASSOCIATION

Have you even wondered what the UUA GA is all about (or even what the letters stand for?...)

Here is a short description: **GENERAL ASSEMBLY** is the annual gathering of Unitarian Universalists, where we conduct the business of the Association, explore the theological underpinnings of our faith, and lean fully into our mission and principles. Over a 5-day immersive experience that can be either in-person or virtual, we will participate in inspirational worship services and informative workshops, reconvene with friends and colleagues, and experience our vibrant exhibit hall. GA is an unforgettable experience for the thousands of UUs who attend. Join us in Pittsburgh or online, and you'll leave with renewed energy and innovative ideas to share with your congregation and community-at-large!

I have been attending the Annual Assembly for the last 20 years, first in-person and now virtually. For the last few years I have served as one of your delegates and have "voted my conscience" at the business meetings. Although the business meetings are interesting and certainly important, I prefer the workshops and worship services. Even on line, it is exciting to "meet" UUs from across the country and to worship with well over 1000!

I have already registered for this year's GA - June 21st to the 25th - and our Endowment Committee is once again paying my registration fee. I hope a few of you might decide to travel down to Pittsburgh and experience it for yourselves. (I'm sure the Endowment Committee will help with your costs as well.) To register, go to UUA/GA on the internet.

Please let me know if you have questions or concerns about attending. It really is an inspiring experience!!

Cindy Spring

Member News:

Starr King members Mary Hazelton, Kathy Hillier, Gisela Estes, Jane Clay, Allan Stern, Susan Scrimshaw, Sue Chadwick, and Wes Chadwick continue to lend their voices to the Pemigewasset Choral Society. Please help support them by attending one of the May concerts, described in the poster. I guarantee you will be humming along to these great Broadway hits!

THE PEMIGEWASSET CHORAL SOCIETY | SEASON 50

William Gunn
Music Director



The Pemigewasset
Choral Society
Music from the Heart

Laura Belanger
Accompanist

GRAND NIGHT FOR SINGING

A BROADWAY REVIEW



Enjoy the sound of 90 singers!

Spring Concerts
2023

THURSDAY
MAY 4 • 7:30 PM

Gilford
Community Church

GILFORD

FRIDAY
MAY 5 • 7:30 PM

Moultonborough
Academy

MOULTONBOROUGH

SUNDAY
MAY 7 • 3:00 PM

PSU
Silver Center

PLYMOUTH

Admission
by Donation

SILVER
CENTER FOR THE ARTS

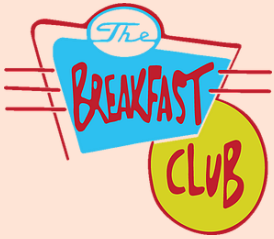
State

[Back to Home Page](#)

Great way to support SKUUF!

The purchase of a Hannaford card to use for grocery shopping costs you no additional money but helps SKUUF raise funds. In addition, purchase of Hannaford gift cards is always in good taste and you can use the SKUUF Hannaford program to purchase gift cards to give as thoughtful gifts. Denominations \$25, \$100, \$500. See Taphi Janell during office hours or Linda Haskins after services. Cash or Checks, sorry no credit cards as fees remove our profit. Remember all checks are made out to SKUUF with Hannaford in memo line.





Breakfast Club - Friday, May 5

Join us on the first Friday of each month. This month we will meet at Annie's Overflow Restaurant in Plymouth at 8:30 AM for breakfast and conversation. Then, at 10 AM, we will view the annual BFA capstone exhibition featuring the work, passion, and educational journey of PSU senior art and design students. The exhibit is located at both the Silver Center for the Arts Lobby Gallery and the Museum of the White Mountains.

Please contact Deedie Kriebel at cdkriebel@gmail.com, if you are interested in joining us, and if you would like to be put on the email list.

[Back to Home Page](#)

"Second" Sunday Hike -

Sunday, May 14 - **Bog Mountain** in Wilmot, NH. This is a family friendly hike within 50 minutes of Starr King. It is just 2.2 miles of easy terrain out and back with views of Mt. Kearsarge and Mt. Sunapee to the south and Smarts Mountain to the north. There is an opportunity to hike an extra spur path to a second overlook, if we choose. I suggest bringing water and a lunch, but we can also stop at Cielito's or another restaurant of our choosing on the way home for refreshments. It is Mother's Day, so places might be busy!



We will leave from the rear parking lot of Starr King at 11:30 AM. Dogs are allowed on the trail but must be kept on a leash. If you plan to join us, RSVP to Deedie at cdkriebel@gmail.com for updates.



Meditation Group, Mondays at 6 p.m.

Our meditation group meets every Monday from 6 to 7 pm in the upstairs foyer. We are a small informal group that shares an abiding interest in meditation. Usually, we have between 5 and 10 participants. We are not affiliated with any sect or religion, however we often follow meditations in the Buddhist tradition of Thich Nhat Hanh, Jack Kornfield, Pema Chodron and the like. We generally get together at 6 for brief hellos and pertinent comments. Then a facilitator for the week will offer a short reading or discussion on a meditation topic, followed by a guided meditation, related to the topic. The meditation can be anywhere between 20 and 40 minutes. Afterward we have a short debriefing and discussion of the experience. We adjourn at 7. There is no designated leader of the group and there is no effort to persuade anyone to any point of view.

We welcome newcomers to our group. This group is free and requires no dues or contributions. No previous meditation experience necessary.

Book Group News

Join us every 2nd Tuesday of the month at 3:30 p.m. for a lively book discussion. Email kmkelsey@gmail.com if you'd like to be added to the email list to receive the monthly zoom link.

The books for the coming year are:

May 8 - **Parable of the Sower** by Octavia Butler

June 12 - **The Fixed Stars** by Molly Wizenberg

July 10 - **Tattooist of Auschwitz** by Heather Morris

August 14 - **The Bible** by Karen Armstrong



[Back to Home Page](#)



Experimental Zoom Play Group for Adults at Starr King Fellowship

Thursday, May 25

2:00—3:30 p.m.

Join us for all new fun:

Caldecott Medalists

Give me a Second!

New Hampshire Authors

May I have a Word with You?

All you need is a pencil and paper
and a Zoom connection.

ZOOM LINK posted online under Activities

Remaining sessions of
Opening Lines

July 27

September 28

November 30

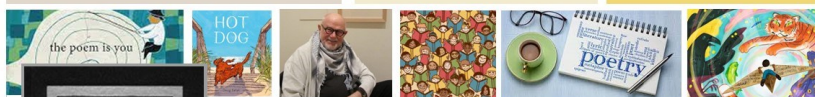
In November we will check in to
determine continued interest.

Ideas? Questions?

Contact us!

Sue Ellen Tuttle
sueellentuttle@hotmail.com

Cindy Spring
cspring2@icloud.com



SINGING the
LIVING
TRADITION

CAN YOU FIND THE SONG in
Singing the Living Tradition
whose First Line is DIFFERENT
from its Title?

More Activities...

Click here to:

[Check out the Calendar on the website for other activities...](#)

- Climate Action—1st and 3rd Fridays at 10:00 AM, contact Nancy Chaddock for more info
- Bridge—Thursdays at 12:30 PM, contact Anna Wilken for more info
- Gentle Yoga—Tuesdays at 5:00 PM and Saturdays at 8:30 AM, contact Darlene Nadeau for more info

Starr King Unitarian Universalist Fellowship
101 Fairgrounds Road
PO Box 337
Plymouth, New Hampshire 03264

admin@starrkingfellowship.org
(603) 536-8908
www.starrkingfellowship.org

Staff

The Rev. Dr. Linda Barnes, Minister
Sarah Dan Jones, Director of Music Ministry
Office Administrator, Taphi Janelle
Interim DRE, Grace Kennedy
Ministerial Intern, Margaret Rieser

Starr King Fellowship Governing Board

Jane Clay, President
Doug Grant, Vice-president
Janet Englund, Treasurer
Stephanie Halter, Secretary

Trustees:

Bob Chandler
John Marunowski
Sandy Mucci
Suzan Gannett
Diana Pamplin

Mission and Vision statement

Mission:

At Starr King Unitarian Universalist Fellowship, we cultivate more love in the world and nurture more love for the world.

Vision:

Our Fellowship welcomes and cares for people of all ages and varied identities. We experience joy as we build community and use our relationships with each other to create a more loving world.

Our Fellowship embraces what is meaningful and beautiful. We offer diverse experiences in worship, music, and the arts through our services, events, and the use of our building.

We live and model our values, collectively creating social and environmental justice with direct action and financial support.

[Back to Home Page](#)

About Membership in Starr King Unitarian Universalist Fellowship

What it Means to be a Member

Membership is open to all individuals sixteen years and older regardless of race, creed, national origin, gender or sexual orientation who are in harmony with the visions, goals and principles of Starr King Unitarian Universalist Fellowship.

You are invited to become a member by participating in a Path to Membership orientation or by meeting with the Minister to review the benefits and responsibilities of membership. All new members sign the official Membership Record book witnessed by the Minister or a Membership Committee Chair.

Members are entitled to the services of the Minister and the use of the sanctuary for Rites of Passage (weddings, dedications, memorial services, etc.) at no cost. Members are eligible to serve in elected officer positions and serve as committee chairs. Members have the privilege of full voting rights.

Membership is maintained by active participation in the Fellowship, by supporting the annual Stewardship Drive and/or contributing service toward the Fellowship.

What it Means to be a Friend

A Friend of Starr King UU Fellowship is an individual in harmony with the visions, goals and principles of our Fellowship who chooses not to sign the Membership Record Book. A Friend may participate in any and all Fellowship activities but does not receive Rites of Passage services without a fee, is not eligible to vote or serve as an elected officer or committee chair.