

# WORSHIP SERVICE

February 1, 2026

The future depends on what we do with the present.

~ Mahatma Gandhi

## ANNOUNCEMENTS

Suzan Gannett, Board Member

## PRELUDE

## LIGHTING OF THE CHALICE

Rev. Linda Barnes

Welcome to this Place by Cathy Rion Starr

## OPENING HYMN

Mary Hazelton, Guest Musician

Where Do We Come From

STJ#1003

## STORY

Grace Kennedy, Director of Religious Exploration

**Harold Loves His Woolly Hat** by Vern Kousky

*For each child that's born a morning star rises and sings to the universe, who we are...  
Children and Teachers May Go to Their Classes*

## OFFERING

*You may come forward to light a candle in silence during the offertory.*

## JOYS AND SORROWS

## MEDITATION

Rev. Linda Barnes

To Embody Resilience as Easily as We Breathe...

by Rev. Dr. Rebekah Savage

## SILENCE

## HYMN

Mary Hazelton, Guest Musician

Spirit of Life

SLT#123

## READINGS

Danni Simon, Worship Associate

Quote from Jack Kornfield

excerpt from *Unitarian Universalism*, on Wikipedia

## SONG

performed by Brian Walsh

This Old Sea by Goose

## SERMON

Rev. Linda Barnes

Who Are We and What Are We Doing Here?

## CLOSING HYMN

Mary Hazelton, Guest Musician

We Would Be One

SLT#318

## CLOSING WORDS

Rev. Linda Barnes

## POSTLUDE

## EXTINGUISHING THE CHALICE