

## WORSHIP SERVICE

February 1, 2026

The future depends on what we do with the present.

~ Mahatma Gandhi

### ANNOUNCEMENTS

Suzan Gannett, Board Member

### PRELUDE

#### LIGHTING OF THE CHALICE

Rev. Linda Barnes

Welcome to this Place by Cathy Rion Starr

#### OPENING HYMN

Mary Hazelton, Guest Musician

Where Do We Come From

STJ#1003

#### STORY

Grace Kennedy, Director of Religious Exploration

**Harold Loves His Woolly Hat** by Vern Kousky

*Children and Teachers May Go to Their Classes*

#### OFFERING

*You may come forward to light a candle in silence during the offertory.*

### JOYS AND SORROWS

#### MEDITATION

Rev. Linda Barnes

To Embody Resilience as Easily as We Breathe...

by Rev. Dr. Rebekah Savage

### SILENCE

#### HYMN

Mary Hazelton, Guest Musician

Spirit of Life

SLT#123

#### READINGS

Danni Simon, Worship Associate

Quote from Jack Kornfield

excerpt from *Unitarian Universalism*, on Wikipedia

#### SONG

performed by Brian Walsh

This Old Sea by Goose

#### SERMON

Rev. Linda Barnes

Who Are We and What Are We Doing Here?

#### CLOSING HYMN

Mary Hazelton, Guest Musician

We Would Be One

SLT#318

#### CLOSING WORDS

Rev. Linda Barnes

### POSTLUDE

### EXTINGUISHING THE CHALICE