

Starr King View

A publication of the
**Starr King Unitarian Universalist
Fellowship**

-A Welcoming Congregation-

101 Fairgrounds Road
Plymouth, New Hampshire
www.starrkingfellowship.org
(603) 536-8908



The Reverend Sarah Stewart, Minister

October 2010

Cindy Spring, DRE

Sunday Services - 9:30 a.m.

October 3 at 9:30 a.m.: “We’re All Strangers Here”

The Rev. Sarah C. Stewart preaching.

October 3 at 3:00 p.m., Building Dedication: “Open Wide the Doors”

The Rev. Sarah C. Stewart preaching.

October 10: “Why Me?”

Kathlene Fleckenstein preaching.

Kathlene Fleckenstein is a member and lay leader of the Unitarian Universalist Congregation of Franklin, New Hampshire and has been writing sermons for over ten years.

“Why Me?” is an exploration of how and if liberal religion sustains us during difficult times. Kathlene is a two-time cancer survivor, and this sermon was researched and written during her treatments for breast cancer in 2009.

October 17: “Anger Management”

The Rev. Sarah C. Stewart preaching.

October 24: “Immigration Reform”

The Rev. Sarah C. Stewart preaching.

October 31: “Where the Wild Things Are”

A family service led by Cindy Spring and the Rev. Sarah C. Stewart.

Please come in costume—it is Halloween.

Building Dedication

Remember all the planning, the meetings and the fundraising? And you can't have forgotten all of the joy and anticipation we felt as our “new addition” moved from dream to plan to reality! Yes, we did it, and now it is time to recognize and make public the meaning and purpose that inspired our efforts.

The service of Dedication for our new building will be held on Sunday, October 3, 2010, at 3 p.m. Representatives from the Unitarian Universalist Association, the Northeast District, New Hampshire UU churches and the town of Plymouth have been invited to attend. Refreshments will be served in the Fellowship Hall following the service. Let us, all members and friends, “gather to celebrate once again.”

Marcia VanderMast

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*In Fellowship
October 2010*

Starr King Fellowship lost one of its founding members last month. Joyce Dole, late of Campton and Plymouth, passed away peacefully on September 13. We held a memorial service for her at the meetinghouse a week later. Many people from her family, her community and the fellowship gathered to pay their final respects. We heard touching stories about Joyce's life from her family and friends in the fellowship.

One remarkable thing about the memorial service was that Joyce herself had chosen many of the elements she wanted included in the service. She asked to meet with me some years ago, and gave me a folder with poems, hymns, and reflections on her life. She shared thoughts about how to make the service accessible for her oldest daughter, who is deaf, and gave me the names of all her children and her brother. Joyce and I talked about what she wanted, and I tucked the folder away in my files. When she passed away last week, I took the folder out, and I was able to put together the memorial service she wanted.

There was nothing macabre about my meeting with Joyce to discuss her memorial service. All of us will die someday. Joyce knew that her time would come along, and she wanted me to know what she wanted while she was able to tell me. Her service was all the more special because of her input into it. We read poems and sang a hymn which were perfect for Joyce's memorial service, and which I would never have known to choose on my own.

I invite you to have a conversation with me about your memorial service. We can talk about whatever you want. We can discuss the details of the service, worries you have about the end of your life, or family matters. The conversation can cover anything you want me to know about how you want to be remembered. I can answer any questions you may have about memorial services at the fellowship or graveside services. We can have these conversations now, when you are not yet facing the end of your life. When that day comes, as it must for all of us, that conversation will be out of the way, leaving room for deeper connections with family, friends, and the holy.

In fellowship,
Rev. Sarah

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Religious Education Program

Our Program is bigger and better than ever this year! We have five groups of children and youth and will be using all the new spaces. This includes the "Conference/Youth Room" which is upstairs across from the Fellowship Hall. The "Our Whole Lives" (OWL) course will be meeting in there **from 9:00 to 11:00 every Sunday morning**. There are sixteen students. Their leaders are Bob Clay, Shelly Chamberlain, Rodger Ellsworth and Belinda Phillips

Wendy Rowbotham and Nancy Crowell will be in the **Nursery** with the littlest ones.

Here is the breakdown for the other three groups:

Chalice Children - This is a BIG group, looks like ten to twelve kids. Their teaching teams are:

- * Jamie McKinnon and Shonna Perrin
- * Laura Thibault and Valerie McQueeney
- * Mark Casale and Connie Maatta

Since these are all three and four year olds and, because some are new, I am asking the teachers to keep the children in the room until their parents come to collect them at 10:45. **If you have a child in the group, please remember that it is your job to pick him or her up after the service!**

Special Times - At this point we have six kids ages five to seven. They will be in Room 2. Their teachers are:

- * Natalka Sywenskyj and Mark Casale
- * Kim Batchelder and Joe McKellar
- * Nancy Dowey and Joan Thomas

Timeless Themes - Again a smaller class, maybe six to seven kids. They will be meeting in Room 3 and their leaders are:

- * Marcia VanderMast and Sue Brothers
- * Whitney Howarth and Michael Nicholas
- * Becky Noel and Paul Phillips

Please thank these wonderful folks for agreeing to spend time with our children and youth this year!

Cindy Spring
Religious Education Director

PS: The above was written the Friday before classes began. I am delighted to report that we had forty-two children and youth on Opening Sunday!!

Plymouth Holiday Parade

The Religious Education Committee will **not** be taking on the float making for the Plymouth Holiday parade this year. If you are interested in taking on this project, please do so!!

Cindy Spring

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“From the Prez”...

Hello everyone,

Well, unfortunately, I've been very late getting this message to Barbara Avery. Partly this is because I don't have much to say this month. Our church year is just getting under way and we've had just one Board meeting. However, I'm looking forward to the Board's work on strategic planning during the fall months and being able to share that work with the congregation for feedback and input later in the year.

In other areas, I'm excited to be having the official Building dedication ceremony in October. It will be exciting to dedicate and celebrate, once again, our remarkable achievement as a congregation.

Hope you are able to get out and enjoy the cool weather and fall colors....

Eric Hoffman

SKUUF Finances Snapshot as of September 22, 2010

Fiscal Year to Date, Operating:		Change from Last Month
Income	\$ 31,571.22	+ \$ 19,024.17
Expenses	\$ 29,629.21	+ \$ 7,719.05
Important Balances		
Operating Funds	\$ 14,900.45	+ \$ 9,156.38
Building Funds**	\$ 59,648.05	- \$ 4,668.65
Endowment Funds*	\$ 12,120.02	- \$ 46.90

This snapshot shows only selected funds. This is not a full accounting of assets or liabilities. If you would like more detailed information feel free to contact Nancy Chaddock, or me.

*These funds represent multiple accounts grouped together.

** This includes the principal from the new mortgage.

Accurately submitted,
Mark Becker

Fall yard Sale

Congratulations and a big thank you to all who contributed to, worked on or bought items at the September 12 Yard Sale. We raised \$3,765.00.

Our annual yard sale is a lot of work! Whether you hauled items to SKUUF and then in or out of the building, or stood there endlessly sorting and marking piles of items, or came early to set up, or stayed late to clean up—**you work is greatly appreciated!** Many hands make light work—plan on joining the fun next year.

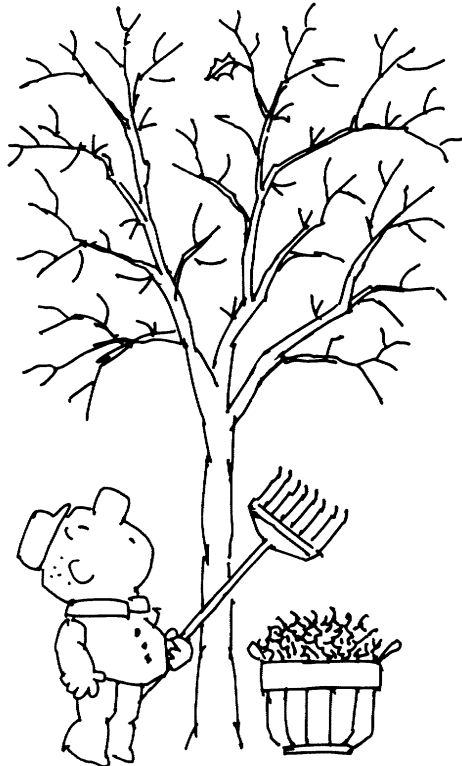
Fall Clean Up Still Needed!

Thanks to the folks who started the good work of beautifying our outdoor areas! Much more remains to be done before snow flies!

On Saturday, October 16, we will meet for leaf cleanup and putting the grounds to bed, with Margaret Salt coordinating. We will need a LOT of workers because there are additional spaces to weed, rake, and mulch. We will meet even if it is rainy. However, if there is a torrential downpour, our rain date is October 23. We will meet at 8:30 a.m. and conclude before noon.

Helpers should bring their gloves, water bottles, and favorite tools. Pick a job that works for you. Plan to stay for as little or long as fits your schedule. We have a lot of fun! And, our church home looks GREAT! Please join us! There are a few jobs that can be done on your own schedule if Saturday doesn't work for you. If you have any questions contact Margaret or Chuck Kriebel.

Margaret Salt



Hospitality Schedule
 October 2010 – December 2010

Hello, Coffee Hour Volunteers. During our stewardship campaign you generously signed up to host coffee hour or bring flowers. This year's schedule through December is listed, but it CAN be modified by e-mailing or calling me. To be fair, please insure I know before your scheduled week.

Monthly, the current and remaining schedule will be published in the newsletter and posted in the foyer. I will call each host by Wednesday of their scheduled date to remind them and will check with them on Saturday to determine any help needed. Coffee, tables, plates, and silverware will be set-up in the Fellowship Hall on Saturday; and clean-up help will be available Sunday.

MONTH	FOOD	FLOWERS
October 3 10 17 24 31	Mary Joyce & Kim Batchelder Janet Doner Gigi Estes & Carole Estes Christie Faella & Leslie Bryant Kathy Hillier & Ed Loranger	Mary Joyce & Kim Batchelder Janet Doner Michelle Chamberlain Christie Faella Kathy Hillier & Ed Loranger
November 7 14 21 28	Darcy & Eric Hoffman Mary Joyce Barbara Lambert Carole Estes	Mary Hazelton Mary Joyce Barbara Lambert Carole Estes
December 5 12 19 24	Helen & Bob Lindstrom Susan Jacob George Maloof & Darlene Nadeau Carole Estes	Helen & Bob Lindstrom Amy MacDonald Darlene Nadeau Carole Estes

Thank you for your help and do not hesitate to let me know any changes necessary.

Carole Estes
 Hospitality Chair



Covenant Group

I hope that you have already signed up for our Covenant Group if you are interested! Jane Clay and I had six people already signed up before I put the sign up sheet out last week, so there is really only space for two (possibly three) more people in our group this year. If the group does fill up and you are interested, please sign up anyway. We would be happy to set up a another Covenant Group at SKUUF.

Covenant Groups are a small group discussion format, and are a really great way to get to know some of your fellow SKUUFers better, and at the same time maybe even explore your own thoughts and ideas. If you have any further questions about what a Covenant Group is, please contact either me or Jane Clay.

Our Group is having its first meeting on October 5, at 6:30 p.m. at SKUUF, and we will meet the first and third Tuesdays of every month through next June. The meetings are held in the upstairs conference room.

Gary Walker

Announcements

Our minister, Sarah Stewart, is in her office Tuesday through Thursday. You can reach her at:
sstewart@starrkingfellowship.org. , or
536-8908

Rev. Sarah needs volunteers in the fellowship office! We hope to have a new office assistant hired by mid-October. If you can spare an hour or two on a Tuesday, Wednesday or Thursday at the beginning of October to help produce the order of service and with other office tasks, please contact Sarah. Help is also welcome before the service on Sunday mornings.

Rev. Sarah will be out of town October 5-7 at a ministry retreat. If you have a pastoral emergency while she is away, please leave a message for her at home (she checks these while she is away) or contact Eric Hoffman or Paul Tierney.

A reminder : While we are between Office Assistants, if you need to send out appropriate SKUUF-wide emails, please contact Bev Seavey.

About Membership in Starr King Unitarian Universalist Fellowship

What It Means to Be a Member

SKUUF membership is open to all individuals regardless of race, creed, national origin, gender, or sexual orientation. You are invited to become a member by participating in a membership orientation or by meeting with the Minister to review the rights and responsibilities of membership. All new members sign the official Fellowship membership book witnessed by the Membership Chair or the Minister.

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Members are entitled to the services of the minister and the use of the sanctuary for rites of passage (weddings, dedications, funerals, etc.) at no cost. Members also have the privilege of full voting rights, are eligible to serve as Chairs of committees, and may be elected to Officer positions.

Membership is maintained by active participation in the Fellowship and by supporting the annual fund and/or contributing service towards the Fellowship.

What it means to Be a Friend

A Friend is an individual in harmony with the visions, goals, and programs of SKUUF who chooses not to sign the Membership book. A Friend may participate in any and all Fellowship activities, but does not receive rites of passage services without fee, cannot vote and may not serve as a committee Chair or Fellowship Officer.

For More Information on Membership

If you are considering becoming an official member of our Fellowship, or if you can support membership activities, please contact Danni Simon, Membership Co-Chair. You may also contact Darlene Nadeau, Membership Co-Chair.

Social Justice

Community Outreach for October *Compas de Nicaragua*

Our fellowship has a wonderful long term relationship with this community project in Managua, Nicaragua. *Compas de Nicaragua* is a New Hampshire 501c3 non-profit organization whose mission is to improve lives and promote cultural exchange through delegations and sustainable community development work. *Compas de Nicaragua* supports *Women in Action*, a women's group organizing health, education, and income generating programs in a poor settlement of Managua. *Compas* also supports the *Brothers and Sisters in Reconciliation Cooperative* who carry out sustainable living projects in La Paz, Carazo.

This fall *Compas de Nicaragua* is sponsoring a Nicaragua Dance Tour performed by a seven member Nicaragua dance ensemble. Ana Narvaez, *Compas de Nicaragua's* Executive Director, leads the group and will be the master of ceremony.

The tour will bring these adolescent members of *Women In Action* to our area to perform traditional cultural dances while educating audiences about Nicaragua's culture and current conditions and to raise awareness about other cultures, issues of poverty, and *Compas* and *Women in Action's* important work.

The performance will include several traditional dances with costumes and dresses, including feathered hats and woven baskets that are balanced on the head. The music is traditional, folklore music played on the marimba. The dancing is a mix of Spanish and indigenous styles. It is performed with long dresses that are held at the ends and lifted above the head. It is a beautiful, graceful kind of dance.

Ana will present each routine, describing to the audience the significance of the music, dance, and dress. She will tell the story of *Women in Action*, street vendors who sell what they can on Managua's

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streets in order to provide for their families, and how they have been able to work together to create projects that have drastically improved health, nutrition, and education in their community. She will also tell the story of a fifty member farmer's coop who are supporting sustainable living and organic agriculture programs that are not only improving the lives of rural families in Nicaragua but also on the front line of work being done to reduce global warming. Segments of a video about *Women In Action* will also be played throughout the performance. There will also be an information table and an exhibition of gourd art from *Women In Action's* art cooperative.

Nicaragua Folkloric Dance Ensemble

Through dance, video, story telling, and gourd art displays, learn the story of Women in Action, a group of 40 women living in one of the poorest settlements of Managua, Nicaragua, who are working together to organize community health, nutrition, and education programs.



The Nicaraguan Dance Tour will be performing at Starr King Fellowship on Sunday evening, October 10 at 7:00 p.m. Admission: \$5.00 for adults, \$2.50 for students.

This group will also take part in our service on Sunday morning, October 10.

Newsletter Deadline

The deadline for the November Newsletter is Wednesday, October 20.

Please send all items, committee reports, notice of events and activities to Barbara Avery.

Helpful Hint for a Healthier Planet

How Accessible is your Congregation for People with Multiple Chemical Sensitivities? This is shared from:

<http://www.uua.org/leaders/idbm/accessibility/disability101/chemicalsensitivities/26972.shtml>

“Better Living Through Chemistry”? Remember those old DuPont ads that said “Better living through chemistry” and how we all thought that statement was true? Well, we have since learned that the misuse, overuse, and inappropriate use of chemicals has led, for some people, not to “better living” but to severe sensitivities—not only to what we think of as chemicals—people can also be sensitive to natural essential oils and fragrances.

Multiple chemical sensitivity (MCS) IS REAL. MCS is defined as “an acquired disorder characterized by recurrent symptoms referable to multiple organ systems, occurring in response to demonstrable exposure to many chemically unrelated compounds at doses far below those established in the general population to cause harmful effects.”

MCS is not simple to diagnose because reactions can be subtle and sometimes don’t appear until after the exposure. That’s why other people unfamiliar with MCS may mistakenly conclude that a person with MCS is not really physically sick, or should use “will power” to overcome symptoms. These attitudes create barriers that cause distress for a person with MCS just as much as the chemical compounds create barriers and isolation.

The person with MCS responds to chemicals at levels that don’t bother most people. Most of us can wear clothing that has been made wrinkle-resistant; use scented shampoo; sleep on mattresses padded with foam; live with carpeting; and treat our lawns with herbicides. But, depending on a person’s individual sensitivities, any of these things (or exposure to any one of hundreds of other substances) can produce life-threatening symptoms in a person with MCS.

Actually, about fifteen percent of us have some degree of sensitivity to chemicals. People have a wide range of sensitivities and responses. For example, during Sunday worship a slightly sensitive person may get a headache from people wearing perfume in surrounding pews, but s/he feels better when the exposure stops. Or s/he may have a headache for hours after the exposure stops. Or s/he may actually become confused and unable to think clearly because of reactions to the perfume or other chemicals in the church—or fall sleep during the service—or suffer debilitating fatigue for days after the exposure.

It seems complicated. But in fact, accommodations may require only minor adjustments. Actually there is a lot we can do. As a United Methodists’ publication tells us: “Making churches more accessible for people with environmental disabilities may seem to present a formidable challenge. Nevertheless, a large amount of improvement in air quality is achievable

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with very little effort.”

The most important requirement is a spirit of wanting to help on the part of the congregation and church leaders. We may actually find that making these accommodations will increase the physical comfort level and alertness of many people who had not previously noticed their slight sensitivity. We must keep in mind though, that in addition to general considerations that will help us all, specific accommodations need to take into account the individual needs of a particular chemically sensitive individual who is having difficulty (and who should be asked about specific changes that will be most helpful.)

MCS questions for a congregation to think about:

Are building entrances kept free of people smoking?

Are vehicles allowed to stand for periods of time with their motors running near the

Are unscented beeswax candles used?

Is property near buildings kept free of herbicides and pesticides or are notices posted

Is at least one restroom free of air fresheners/deodorizers and scented soaps?

Is there a designated fragrance-free area in a well-ventilated area of the sanctuary? Is the

Have silk flowers or organic flowers been considered as an alternative to flowers treated

During coffee hour is there a fragrance-free table or area near a window that can be

Are Care and Concern Committees advised of the special needs of people who have

Have maintenance staff and others been familiarized with less toxic cleaning products and

Is the building adequately ventilated and is it aired out periodically? Is the building free of

Are remodeling materials chosen with regard to low off-gassing qualities?

Is advance notice given when chemicals (such as floor wax and pesticides) are to be used

Have congregation members “signed on” to the idea of creating a supportive environment

Air quality/pollution may affect many of us. Many of the items on this list are just common sense. Indoor sources: smoking; pesticides used and/or stored indoors; combustion exhaust from hot water heaters, furnaces and gas stoves; fumes from laser printers and copiers; volatile organic compounds in cleaning materials; scented soaps, air fresheners, and deodorizers; mold and mildew; scented candles; recent remodeling; new drapes, carpets, or upholstery; chemicals and/or microorganisms in heating and cooling systems; inadequate fresh air, improperly maintained filters or inadequate duct design in ventilation systems. Outdoor sources: herbicides and pesticides; emissions from cars idling nearby. People sources: perfumes and other scented products; freshly dry-cleaned clothing or clothing that was cleaned with scented detergent or fabric softeners.

Do we have to eliminate all of these potential chemical/pollution sources? We cannot create a safe environment without eliminating each problem at its source. We cannot have a fragrance-free seating area and think that we can call ourselves MCS-friendly if the sanctuary carpet has been cleaned with petrochemicals and we have scented soaps in the restrooms. While it may be extremely difficult to create an environment that will accommodate a severely chemically

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sensitive person, many people with mild or moderate sensitivities can be accommodated relatively easily.

Some Suggested Products

Not meant to be complete—[based on an original list](#) compiled by Sheila Bastien PhD and her patients these products can be found in many health food stores. Read labels carefully to be sure the unscented product has no herbal scent or essential oils.

Deodorants—possibly any unscented brand, including:

- Arm & Hammer Baking Soda
- Crystal (Le Crystal Rock, Natural Stick, Natural pump spray)
- Mennen Unscented Speed Stick for Men
- Mineral Rock
- Tom's of Maine Unscented

Dishwasher Soap

- Life Tree Dishwasher Liquid
- Planet Dishwasher Liquid

Gel/Mousse—possibly any unscented brand, including:

- Aloe Vera Gel
- Aubrey Hair Gel

Building Cleaners

- Baking Soda
- Bio-Kleen cleaning products
- Orange Power/Citra-Solv
- Vinegar

Laundry Detergents—possibly any unscented brand, including:

- All Unscented
- Arm & Hammer Unscented Washing Soda
- Borax Unscented Washing Soda
- Cheer Free
- Tide Unscented

Lotions

- Almay
- Almond Oil (with no essential oils added)
- Burt's Bees Lemon Balm Cuticle Cream
- Granny's Old Fashioned
- Lubriderm Fragrance Free
- Moisture Guard
- Nature's Plus Vitamin E Cream

Shampoo, Conditioner—check for fragrance-free

- Almay
- Clinique Unscented
- Dr. Bronner's Unscented Baby Castile Liquid Soap
- Granny's Old Fashioned Unscented
- Infinite Chamomile shampoo (conditioner is scented)

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- Magick Botanicals
- Tom's of Maine Unscented

Shaving Creams

- Aubrey
- Shea Shaving Unscented
- Simple
- Tom's of Maine

Soaps

- Almay
- Clinique
- Dr. Bronner's Baby Supermild Soap
- Dr. Bronner's Unscented Baby Castile Liquid Soap
- Granny's Old Fashioned Soap
- Kiss my Face Olive Oil Soap

Sunscreens/Lotions

- Aubrey Organics Ultra 15 Natural Herbal Sunblock (check the label because some Aubrey sunscreen has apple essential oil that may bother some people with MCS)
- Hawaiian Tropic Sensitive (Fragrance and PABA free)

For more information contact [access @ uuu.org](mailto:access@uuu.org).

Betty Ann Trought

SKUUM

The men's group, SKUUM, will meet on the first and third Sundays of October, from 6:00 to 8:00 p.m. in the upstairs meeting room at SKUUF. Any interested male is invited to attend these lively and entertaining discussions which cover a wide range of topics.

The topics for the October meetings are:

October 3 - ***Tolerance***

October 17— ***Imagination and Visioning***

The co-leaders are Bob Clay, George Maloof and Bill Trought. Contact any of them for further information.

Bill Trought



Activities Committee

HALLOWEEN POTLUCK SUPPER & TREATS FOR GOBLINS

Sunday, October 31, 2010

- * 4:00 p.m. Pumpkin carving
- * 5:30 p.m. Potluck Supper - Bring your favorite covered dish to share and your own eating utensils
- * 5:30-7:30 p.m. Treats for the neighborhood kids & SKUUF kids go out into the neighborhood

This year Halloween is on a Sunday evening and we may expect a larger crowd of neighborhood goblins to come to the lower rear door of the Fellowship. Come early to prepare jack-o-lanterns to light the way, then enjoy good food and good company while we await the arrival of the spooky big and little creatures.

Goblins will come from the neighborhood and from among our SKUUF community. Dress in costume or come-as-you-are as your usual scary self to celebrate the holiday.

There will be a sign-up sheet in the foyer.
Come in costume if you wish, but come for fun.

Park in back and enter through the downstairs rear door.

See you there.

Bev Walker



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**Second Sunday Hike:
Plymouth Mountain**

After two non-starts, we'll make our last attempt at Plymouth Mountain via the Sutherland Trail, probably in time for prime foliage. We will depart SKUUF lower lot at noontime, October 10 . Register with Mitch if you want updates.

PSU Sidore Lecture Series

Check <http://www.plymouth.edu/events/sidore/> for this season's program.

**Jazz Standard Time:
Silver Center October 12**

See <http://www.plymouth.edu/mtd/events> for details. Want to join us for dinner at the Thai Smile prior to the performance? Email me at Mitch@newfoundfarm.org by the October 11 please, and I will make reservations.

Mitch Manseau, Activities Co-chair

The *Family Potluck, Untalent Show and Hymn Sing* mentioned in last month's newsletter is once again postponed. Watch for it next spring.

**Play Bridge Thursday
Afternoons at SKUUF**

If you are a bridge player interested in the Thursday afternoon bridge game at Starr King Fellowship, please see Anna Wilken.

Stewardship Committee

If you prefer to use cash to pay your pledge, please use the designated envelopes available by the Sanctuary door. Simply add your name to the outside and seal in your cash!

Thank you all for pledging to Starr King !

Andrea Sutherland

Adult Education

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October 3, no 11:00 a.m. Adult Ed Building Dedication at 3:00 p.m.

October 10, 11:00 a.m.

Extended Families Committee

Lets make our own greeting cards!

Join Marcia VanderMast to make greeting cards. They will be used to send cheer to any Fellowship member experiencing distress of some kind. Bring card-making supplies, if you have them and are willing to share. All are welcome at this session including our talented and creative children!

October 17 Committee Meetings

Adult Education at 10:30 a.m.

Social Justice at 11:00 a.m.

October 24, 11:00 a.m.

Minister's Discussion: Immigration Reform

October 31, 11:00 a.m.

Activism following Bill Moyer's MAP model, with Jamie Capach

Governing Board Meeting

The Governing Board will meet on Wednesday, October 13 at 5:00 p.m.

Committee Chairs Meeting

Committee Chairs will meet on Wednesday, October 20 at 6:00 p.m. Note that the Committee Chairs will now meet on the third Wednesday of the month from 6:00 to 7:30 p.m.

**Remember to wear your Nametag.
It helps Everyone.**

Remember to Recycle Cans

Remember to bring your aluminum cans to SKUUF. Let us continue to recycle for the good of SKUUF and the planet. Those cans SKUUF collects and recycles help the work of our Fellowship.

Fundraising

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**Ginger Kozlowski
to Headline Second Annual
Leaf Peeper Dance**

Ginger Kozlowski, national and international line dance competitor and well known New England line dance instructor will rock the newly expanded Starr King Unitarian Fellowship Hall in Plymouth with some fancy line dance instruction on October 9 starting at 7:00 p.m. Ginger, who has won numerous prestigious awards with her talent, will collaborate with George Maloof, fundraising committee chair at Starr King to end the second annual leaf peeper weekend that draws from around New England and Canada. The Plymouth community is invited to share this event which benefits the good work of the Fellowship and enhances its social justice agenda.

Tickets are \$10.00 for adults and \$5.00 for children with a maximum of \$25.00 per family.

Starr King offers line dance instruction on the second and fourth Sundays of the month from 4:30-6:00 p.m. Classes are \$5.00 for an hour and a half instruction and all proceeds go to the Fellowship. For more info concerning these and other events, contact George Maloof.

George Maloof

**Community Closet
Needs Our Help**

Remember, the Community Closet can always use our help. There is a basket in the foyer for your non-breakable food contributions. You can drop off canned or boxed goods anytime.

Thank you.

Circle Dinners

Circle dinners are being scheduled once again. Sue and David Appleton will be hosting a Thanksgiving Day dinner for couples who are not able to be with family on that day. A sign up sheet will be in the foyer.

We will be looking for hosts for October and December. Contact Sue Appleton for details if you are willing to host a brunch, lunch, tea or dinner in your home.

Suzanne Appleton

Directory Changes and Additions:

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2011 Member-Friend Directory

Without an Office Assistant I'm expecting that the 2011 Member-Friend Directory will be published a little later this year, hopefully by mid-October.

The data base is currently in good shape but changes do keep occurring. Please contact me with any changes or updates, so that I can keep the data base current. Remember, if you change your name, mailing address, phone number, email address do let me know.

Thanks for your patience and understanding. We will get it done as soon as possible.

Mary Tierney

Return of the UunCommittee

The uunCommittee has enjoyed a summer hiatus. We started meeting again in September, though, and will continue to meet on the second and fourth Tuesdays of each month. The meeting time is 4:00 to 6:00 p.m., or anytime during those hours that you are able to get there.

As a "committee" we have no goals, no agenda, no tasks to complete. That's why we call ourselves the **uun**Committee! You don't even have to attend the meeting in order to be a member...although it's much more fun for you and the rest of us if you do! We chat and enjoy each other's company while we work on our various handcrafts. All are welcome...even those who simply want to "chat and enjoy each other's company." Speak to Marcia VanderMast for additional information.

Marcia VanderMast

Connect with Starr King Fellowship online in various ways!

- Go to the Starr King website—www.starrkingfellowship.org . Here you can
- Click on "Minister's Blog;"
 - Click on "Newsletters" where you can read, or print out, any of several past issues
 - Click on "Podcast" and enjoy listening to sermons you have missed, or just want to hear again.
 - Click on the "Events Calendar" to find out what is going on in our Fellowship.

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Starr King View

Minister: Rev. Sarah Stewart

October 2010

Starr King View

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