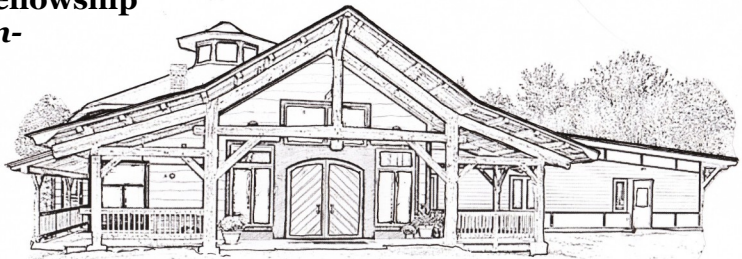

Starr King View

A publication of the
Starr King Unitarian Universalist Fellowship
-A Welcoming Congregation-
101 Fairgrounds Road
Plymouth, New Hampshire
www.starrkingfellowship.org
(603) 536-8908



The Reverend Sarah Stewart, Minister

April 2011

Cindy Spring, DRE

Sunday Services - 9:30 am

April 3 :“Unitarian Universalist Spiritual Practice”

The Rev. Sarah C. Stewart preaching.

April 10: “Religious Freedom in America”

The Rev. Sarah C. Stewart preaching.

April 17: “Triangulation”

The Rev. Sarah C. Stewart preaching.

April 24 : “Easter / Spring Service”

A service for everyone so bring the kids. (There will be no regular classes this Sunday.) Feel free to wear your favorite Spring outfit! Service will be lead by Cindy Spring and friends.

Path to Membership Class - Thursday, April 28 from 6:30 to 8:30 pm

The Membership Committee, in conjunction with our minister, Rev. Sarah C. Stewart, will be hosting a Path to Membership class on Thursday, April 28 from 6:30 pm. to 8:30 pm. This will be an opportunity to learn a bit about our history and our vision as well as to learn about the opportunities, privileges, and responsibilities of SKUUF membership.

Dessert and coffee will be provided, and babysitting is available with advance notice.

If you are interested, please contact either Danni Simon or Darlene Nadeau .

Save the Dates! Special Upcoming SKUUF Events

SKUUF Auction-Saturday, April 16 at 6:00 pm. See details on pages 12 and 13

SKUUF Afternoon Tea-Sunday, May 1 at 4:00 pm. See details on page 14

SKUUF Outdoor Cleanup– Saturday, May 7

SKUUF Plant Sharing Fundraiser-Sunday, May 15

SKUUF Annual Meeting-Sunday, May 22 at 11:00 a.m.

In Fellowship
April 2011
Starr King View

I wonder how you're reading this. You might be sitting at home, sipping your coffee and holding a folded newsletter in your hand. That newsletter was edited, typeset and produced by Barbara Avery, who has been our newsletter editor for years. She does a wonderful job collecting submissions from all corners of the fellowship and putting them together in a lovely and readable format. Many Starr King Fellowship members get the paper newsletter mailed to them every month, and additional copies are available in our foyer for newcomers to pick up.

We used to send all our newsletters out in the mail. A few years ago, recognizing that many of our members use e-mail regularly and that we could save both paper and postage, the Fellowship began sending the majority of our newsletters out on e-mail. Barbara formatted her document as a Microsoft Word file and the Starr King office sent it out on e-mail. Our web volunteer, Deb Casale, also made it available in several formats on our website, starrkingfellowship.org.

So, how are you reading this? You may be reading it in a new, weekly e-mail newsletter sent from Starr King Fellowship via Constant Contact. This company provides professional, affordable e-mail contact services for non-profit organizations and small businesses. As of this week, Starr King Fellowship will be sending out these weekly e-mails instead of a monthly e-mail newsletter. The paper newsletter will still be mailed to those families who have requested it, and it will still be available for newcomers at the meetinghouse.

The deadline for the newsletter remains the third Wednesday of every month, for the following month's newsletter. That remains the best way to get information to everyone in the fellowship. But if you are a committee chair or Starr King volunteer and you find you have announcements between newsletters, feel free to send them to the office at admin@starrkingfellowship.org with the word "ANNOUNCEMENT" in the subject line by Wednesday of every week for the weekly e-mail newsletter and the order of service. We will continue to use the newsletter content policy, which allows material from staff and committee chairs, and other UU related material as space allows.

I know changes in technology can be simultaneously exciting and unsettling. If you have any questions or concerns about this change, please speak to me, Stew Weldon or Barbara Avery. We hope these new tools will allow us to reach more people, more effectively and in a more timely manner than before.

In fellowship,
Rev. Sarah

SKUUF Finances Snapshot as of March 17, 2011

Fiscal Year to Date, Operating:			Change from Last Month
Income	\$ 98,369.07	+ \$	9,624.81
Expenses	\$ 103,030.42	+ \$	15,075.79
Important Balances			
Operating Funds	\$ 7,707.01	- \$	4,410.11
Building Funds**	\$ 70,683.63	+ \$	1,682.43
Endowment Funds*	\$ 12,764.29	+\$	2.44

This snapshot shows only selected funds. This is not a full accounting of assets or liabilities. If you would like more detailed information feel free to contact Nancy Chaddock, or me.

*These funds represent multiple accounts grouped together.

** This includes the principal from the new mortgage.

Accurately submitted,
Mark Becker

Notes from Treasurer

The amount by which expenses exceed income at this point in time is mostly attributable to the fact that the cash flow for pledge income is lagging. However, this congregation has a consistent, outstanding record of paying amounts pledged (annually we generally receive an amount greater than 95% of the amount pledged to our operating budget). So, in other words, I believe we will be in a balanced, or near balanced position by the end of this fiscal year. However, if you are behind on your pledge and are able to catch up, or if you are up to date but can pay a bit of your remaining pledge ahead of time, it will help to provide the cash flow needed by SKUUF in the short term. If you are able to help here, I thank you.

On a separate matter, I am happy to report that we are on track to receive sufficient monies from the Capital Campaign for which final payments are due by June 30, 2011. I thank all of you who have made payments on pledges to the building of our addition. We expect to have the monies needed this summer to pay the SKUUF members who made short-term loans to SKUUF as part of our building project.

From time to time we have had folks who have paid pledges to SKUUF with stocks. In the past that was done through an investment brokerage firm with which we had an account. I am pleased to announce that securities (stocks, bonds, mutual funds) can now be used directly to pay pledges through an investment firm whose representative is located at our bank, Community Guaranty Savings Bank, in Plymouth. Please let me know if you would like more information.

Nancy Chaddock, Treasurer

Religious Education Program

A number of years ago a group of UU Ministers came up with “The Ideal UU Minister.” This Spring a group of UU religious educators decided to write their own “Ideal.” Barb Greve, a Minister of Religious Education, started the ball rolling, and we all pitched in. So, in honor of April Fools, here is what UU congregations are looking for when they need a new DRE. (As you will see, I still have quite a way to go!)

The Ideal DRE

Compiled by Mr. Barb Greve from the collective wisdom of colleagues.

The ideal DRE is young at heart, connects with teens, wise beyond his years, and holds multiple degrees in child psychology, special education, theology and social media. She organizes excellent multigenerational worship services, leads engaging Children’s Chapels, preaches stimulating sermons and inspires the children to want to be at church every Sunday.

Adorned with a masking tape bracelet, supplies in his pockets and rollerblades on his feet, he wears his best suit to finger paint with the preschool class. She has eyes in the back of her head, ears that hear only good things, and a constant smile. He knows where the coffee, trash bags and toilet paper are located, can shut off the building’s water, fix the office electronics, clean the classrooms and is available to answer any question at any time.

She makes \$50 a week, has a model family life, drives a practical car, and tithes to the church ... and Heifer Project International. On his day off he shops for classroom supplies, volunteers at a local shelter, reads up on church dynamics and educational theory and bakes delicious nutritional allergen-free snacks for the church school program.

She plans far in advance, never makes decisions rashly, is quick to respond to requests, keeps all options open and is flexible to change, all the while being in excellent communication with the congregation. He makes rational decisions, has excellent relationship skills, understands how decisions and actions may affect each member of the community, and keeps everyone happy.

She is an expert on family systems, learning theory, comparative religions, comprehensive sexuality education, early, middle, teen and adult development, special education, theology and technology.

The Ideal DRE is deeply introspective and energized by interacting with large groups of people. He calmly responds to last minute requests on Sunday morning while warmly greeting each congregant at the front door. She is excellent at managing the nitty-gritty details and keeps everyone focused on the big picture.

She communicates telepathically with all families, corresponds comfortably on email, Facebook, Twitter, websites and through the church newsletter, postcards and bulletin boards.

(Continued on page 5)

(Continued from page 4)

He cheerfully attends every child's extra-curricula activities, all committee meetings, is active in Associational work, regularly attends his professional organization's meetings and personally teaches every adult RE class, while modeling good boundaries and a balanced life.

RE Thanks this month go to:

- * **Bill Trought** for attending the District Youth Conference (and lending me an air mattress!)
- * **George Maloof** for lending his fry pans to the Conference cooks
- * **Belinda Phillips** for donating a wonderful collection of children's books to the SKUUF library
- * **Margaret Salt** for helping out with the OWL Orientation for our "Special Times" class
- * **Kim Batchelder** and **Mark Casale** for teaching the OWL course, and
- * **Jeannette Bilodeau** and **Cappy Hahn** for helping me with hospitality hour on March 27
- * And to the **wonderful person** (Barrie, maybe?) who cleared the snow and ice from the front of the downstairs fire exit door!

Cindy Spring, DRE

SKUUF Religious Education Program

	First Sunday	Second Sunday	Third Sunday	Fourth Sunday	Fifth Sunday
APRIL	3 Curriculum	10 Curriculum	17 Curriculum	24 Family Service (Easter)	
MAY	1 RE Sunday (May Pole)	8 RE Sunday (Quincy Bog)	15 Curriculum	22 Curriculum	29 Family Service
JUNE	5 Curriculum	12 RE Sunday	19 Family Service (RE and Flower Sunday)	26 No RE Program	

“From the Prez”...

Hello everyone,

As I write this, the weather has clearly turned the corner from mid-winter to early spring. Every year at this time, I find myself a little bit conflicted. I want to squeeze in one or two more days of skiing, but I’m really tired of wearing my winter coat, gloves, and hat. I’m sure many of you know what I mean.

When spring is in the air your Governing Board gets busy. At each of our meetings for the next two months we are busy reviewing the budget for next year and working closely with the Stewardship Committee to monitor our pledges. In addition we’re working toward bringing our new Strategic Plan together. A special sub-committee of the Board will be meeting at the end of March to finalize a draft. Once that is complete we’ll get it out to the congregation for additional comment so that we can bring for your approval to the Annual meeting in May.

It’s such a wonderfully busy time of year for our fellowship. There are so many opportunities for us to get together. Personally I’m looking forward to the annual silliness of our April Fools service as well as the Auction. See you there....

Eric Hoffman

From the Stewardship Committee

As we move into the important work of the Stewardship Committee, I am reminded of the philosophical discussions with an elder member of the UU church that I attended in the early 1970’s. He had given a great deal of thought to the functioning of volunteer organizations—their strengths and their pitfalls. What we accomplish is dependent on what we are willing to give of ourselves. We must each consider how important this community is in our lives for us, our children and grandchildren and the greater community.

As I looked around Sunday morning at the beautiful design and woodwork of the fellowship space, at the faces of those present and enjoying the service, I thought about those who have passed on, yet have contributed to this moment. Some were people I’d never met but I was truly grateful for their generosity, in time and financial support.

We have something very special here at SKUUF, a community of people who volunteer, understanding the need to contribute, to teach in R.E., to organize adult education programs and bring awareness of important social justice issues in our community, the nation and the world. We maintain discussion groups, have fun times and fund raising events, keep the building in good condition and beautify the grounds, make newcomers welcome, shape a meaningful service and bring music to lighten our lives.

It’s up to us to continue to provide atmosphere to freely explore our spirituality and maintain this space to enrich our lives and the lives of those who will follow us in this unique way. We can do this together but it will take all of us. Please welcome the Stewardship visitor when they call.

Beverly Walker
Stewardship Chair

About Membership in Starr King Unitarian Universalist Fellowship

What It Means to Be a Member

SKUUF membership is open to all individuals regardless of race, creed, national origin, gender, or sexual orientation. You are invited to become a member by participating in a membership orientation or by meeting with the Minister to review the rights and responsibilities of membership. All new members sign the official Fellowship membership book witnessed by the Membership Chair or the Minister.

Members are entitled to the services of the minister and the use of the sanctuary for rites of passage (weddings, dedications, funerals, etc.) at no cost. Members also have the privilege of full voting rights, are eligible to serve as Chairs of committees, and may be elected to Officer positions.

Membership is maintained by active participation in the Fellowship and by supporting the annual fund and/or contributing service towards the Fellowship.

What it means to Be a Friend

A Friend is an individual in harmony with the visions, goals, and programs of SKUUF who chooses not to sign the Membership book. A Friend may participate in any and all Fellowship activities, but does not receive rites of passage services without fee, cannot vote and may not serve as a committee Chair or Fellowship Officer.

For More Information on Membership

If you are considering becoming an official member of our Fellowship, or if you can support membership activities, please contact Membership Co-Chairs Danni Simon at or Darlene Nadeau .

2011 Directory

Please send changes to the Church Office, or Mary Tierney , so that we can keep the data base current.

Remember, if you change your name, mailing address, phone number, email address do let us know.

Mary Tierney

Announcements

Gathering, a half-hour opportunity for reflection and meditation, meets at 4:00 pm every Thursday in the Fellowship Hall. Join Rev. Sarah any Thursday for a mid-week moment of spirituality. We will not meet on Thursday April 21.

The minister, Sarah Stewart, is usually in her office from 9:30 am to 4:00 pm on Tuesdays, Wednesdays and Thursdays. You are welcome to drop by to see her; however, if you have a particular need, it is best to call to make an appointment.

In April, Rev. Sarah will be out of the office on April 5-6 and 12-13 for denominational meetings. In addition, she will be out of the office on Study Leave the week of April 19-24. If you have any sudden pastoral needs or face a personal emergency while she is away, please call or leave a message at her home, or call Starr King president Eric Hoffman.

The Starr King Fellowship office is open Thursday and Friday, from 9:00 am to 12:30 pm. Stew Weldon will be managing the office in Cheryl's absence.

Director of Religious Education Cindy Spring is in her office on Tuesday and Thursday mornings.

Hospitality Committee

Carole Estes was the consummate hostess for our fellowship time after the Sunday services. She handled her duties with grace and efficiency. Since her passing, it has taken an entire committee to organize what she did singlehandedly. We miss her and ask for the help of the congregation as we attempt to implement a plan that will work well for us all.



In an attempt to simplify and to clarify, the Hospitality Committee plans to assign hosting duties to members and friends for the year. If you want to volunteer for a specific week, or if you are unable to host on a specific week or at all, please notify a member of the committee by May 1, 2011. The list for the year will be published in the newsletter and posted in the foyer. If you find that the week assigned to you is not convenient, you will be responsible for finding a replacement. We will continue to have a separate signup sheet for flowers posted in the foyer at SKUUF.

The idea of fellowship time is to provide an opportunity for people to gather after the service. It is supposed to be a light snack and a beverage. We want this to be as enjoyable as possible for members, friends, guests, and hosts. A comprehensive list of host duties is posted in the kitchen. In addition, this list will be attached to the reminder e-mail message that each host receives the week prior to hosting. If you happen to arrive at SKUUF early on Sunday mornings, you might want to check with the hosts to see if they need any help. Help with cleanup after fellowship time is also appreciated. The Hospitality Committee will assist in any way possible.

We hope that this new system will give more people in the congregation the opportunity to share in the hospitality responsibilities. Those who knew Carole, miss her and want to follow her lead by graciously welcoming people to SKUUF through fellowship time after the service. We honor her memory by making this a cooperative effort.

Hospitality Committee Members:
Beverly Seavey
Elizabeth Becker
Nancy Dowey
Deedie Kriebel

The Hospitality Committee needs your help.

Due to the increase in the price of coffee, the committee has run out of funds. Hopefully the coffee we recently purchased will take us to the end of the fiscal year. We are putting a collection basket out each Sunday and would appreciate donations of any amount so we can continue providing milk and cream to go with the coffee.

Hospitality Schedule

April—June 2011

The schedule for April through June 2011 is listed below. If the Sunday assigned doesn't work for you, please change with one of the others listed and let us know.

Month	Food	Flowers
April 3 10 17 24	Barbara Lambert Phyllis Rockwell and Mitch Manseau Nancy & Bill Dowey	Helen & Bob Lindstrom Darlene Nadeau Nancy and Bill Dowey Bev and Gary Walker
May 1 8 15 22 29	Eric and Darcy Hoffman The Beckers	Margaret Salt Elizabeth Becker
June 5 12 17 24	SKUUF choir	Nancy Chaddock

Property and Maintenance Committee

A special thank you to Phyllis Rockwell and Mitch Manseau for giving the church six folding tables. This generous donation will help us accommodate the growing number of attendees at various SKUUF events.

WANTED: Volunteers for Property and Maintenance

How well we at SKUUF maintain our grounds and building tells the visitors and passersby how much we truly value our sacred space. You can help. The Property and Maintenance Committee is looking for people to do the many one-time and recurring tasks needed to keep SKUUF physically attractive and welcoming. Needs include mowing and landscaping, painting, clean-up, repair work requiring electrical, plumbing and/or carpentry skills.

Volunteers will be placed on a rotating call list and contacted on as needed basis in order to spread the work out among as many people as possible.

If you are interested in helping out, contact Barrie Sawyer .

Barrie Sawyer

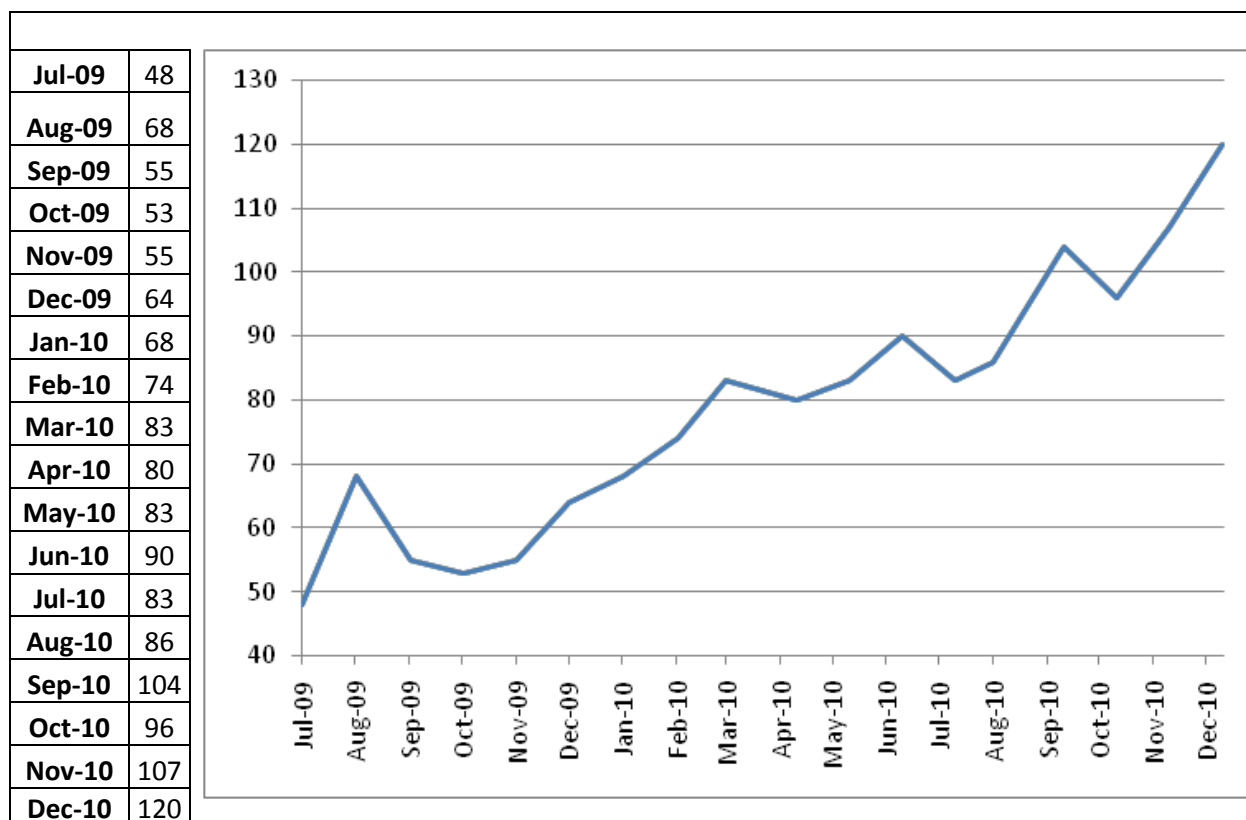
Social Justice

Community Outreach for April

Since 1981 Voices Against Violence has been reaching out to and supporting victims and survivors of domestic violence, sexual violence, and stalking. Advocates provide understanding, information, and support to victims, survivors, and non-offending family and friends. Services include a 24-hour Crisis Line, Court Advocacy, Police and Hospital Accompaniment, Systems Advocacy, Emergency Shelter, Support Groups, and Education and Outreach. Domestic and sexual violence can take many forms including physical abuse, mental abuse, sexual assault, verbal threatening, and name calling. It can affect anyone at any time: friends, coworkers, relatives, children, teens, men, and women. By acknowledging the existence of domestic and sexual violence and stalking in our communities, we can raise awareness of the problem and enable both victims and witnesses to take action and break the cycle of violence.

Lisa Farmer

Voices Against Violence, Plymouth, New Hampshire Number of Victims Served



Adult Education

April 3— Uncovering Your Own Natural Wisdom With EFT - Janet R. Dearborn LMT, EFT-ADV

One of the many benefits of defusing your “triggers” and learning how to let your fear, anger and grief go in a healthy way, is that your own natural wisdom starts to emerge. You will start to respond to life’s challenges rather than react the same way, over and over again. There are many ways to bring your energy back into a balanced state. The Emotional Freedom Techniques (EFT) is one way that is rapid, that you can easily learn to do for yourself, and has no known negative side effects.

April 10— Rev. Sarah Stewart Sermon Discussion: Religious Freedom in America

April 17— Elder Ministry as a part of SKUUF Ministry with Rev Sarah Stewart -facilitating

April 17—Committee Meetings

Adult Education 10:30 a.m.
 Social Justice 11:00 a.m.
 RE Committee 11:00 a.m.

April 24— Casey Family Services

Casey Family Services is the direct service agency of the Annie E. Casey Foundation. The Annie E. Casey Foundation was established in 1948 by Jim Casey, founder of UPS. Jim Casey founded Casey Family Services in 1976. Casey has eight divisions in fifteen locations. Foster care is one service provided as part of a continuum of permanency services including family preservation, family reunification and post-permanency services.

In New Hampshire, there are over 1000 children in care in need of permanent homes. Casey Family Services focuses on supporting children in having lifelong connections with families by providing the following services:

- * Family Support Services: Rural Family

Economic Success Initiative (supporting low-income families through workforce development, helping them learn how to increase their income, stabilize their finances and build their wealth, and teaching them about affordable housing and matched savings programs are some of the helpful strategies) – EITC Program (refunds)

- * Family Preservation: In-home Services
- * Foster Care: Specialized & Treatment Foster Care and Technical Support to DCYF
- * Post-Permanency Support (PAS)

Chris Colpitts, LICSW, has worked with children and families for over twenty-five years. He has worked for Casey Family Services since 1996. He currently works out of the Littleton, New Hampshire office, where he and his colleagues serve families from central New Hampshire northward.

Betty Ann Trought

Landscape Reminder

We need your help!
 Please save the dates:

- * Saturday, May 7 for Outdoor Cleanup
- * Sunday, May 15 for our Annual Plant Sale

Put these dates on your calendar now!
 Any questions, see Margaret Salt

Margaret Salt

Remember to Recycle Cans

Remember to bring your aluminum cans to SKUUF. Let us continue to recycle for the good of SKUUF and the planet. Those cans SKUUF collects and recycles help the work of our Fellowship.

The Auction Is Coming... Saturday, April 16 at 6:00 pm

Donate!

We're still looking for member donations. Don't know what to give? Danni Simon has some great ideas for you. Remember, all donation forms must be turned in by Sunday, April 10 in order to be included in the catalog. Donations may be delivered to SKUUF during normal office hours or on Sundays, as well as on Friday evening, April 15 from 5:00 pm to 8:00 pm or between 9:00 am and noon, the day of the auction.

Please note: donations delivered after noon on April 16 will be held for next year's auction.

Volunteer!

We need crew who can set-up, clean-up, help during the event, and bring goodies. A fun way to meet new people! Please contact Danni if you can help.

New This Year: Bring a Friend!

Bring a friend from outside of the SKUUF community, and we'll give you both a drink on the house. The member who brings the most friends wins a prize AND there will be a raffle for all the new friends.

Danni Simon



SKUUF Auction Donation Suggestions

Don't think you have anything to donate? Check out our suggestion below. Remember, you can purchase any item on the list and donate it to the Auction—and your donation will be fully tax deductible!

- * **Gift Baskets (wine, gourmet items, new baby, spa, gardening, etc.)**
- * **Host a dinner**
- * **Museum passes**
- * **Massage/spa certificates**
- * **New electronics/software**
- * **Periodic deliveries of cookies/bread/casseroles**
- * **Hotel accommodations or use of a vacation home/time share/condo**
- * **Ski passes**
- * **Memberships**
- * **Sporting event tickets**
- * **House, pet or baby sitting**
- * **Daytrips on your boat, canoe or kayak**
- * **Services: carpentry, electrical, plumbing, painting, gardening, etc.**
- * **Jewelry and fine art**
- * **Theatre/concert tickets**
- * **Restaurant gift certificates**
- * **Chauffer services**
- * **Lessons in painting, knitting, golfing, skiing, etc.**

Starr King Auction Donation Form

**Please fill out one form per donor and either drop the form in the Auction Basket in the fellowship hall or email the completed form to:
Danni Simon (dannisevs@live.com)**

Donor(s): _____

Address: _____

City, State, Zip Code: _____

Donation #1

Suggested Title (a short, catchy phrase): _____

Detailed Description: _____

Expiration Date for redemption of service (if applicable): _____

Value: _____

Donation #2

Suggested Title (a short, catchy phrase): _____

Detailed Description: _____

Expiration Date for redemption of service (if applicable): _____

Value: _____

Fundraising Afternoon Tea



Skuuf will host an afternoon tea on May 1 from 4:00 to 6:00 pm. A gentleman skuffer will greet you at the door in his tuxedo and you will be directed to your designated table where you will be feted with all the scrumptious delights of an English tea.

Tickets are now on sale and can be purchased after service on any Sunday. Price is \$10.00 per ticket.

Volunteers are needed for baking and making tea sandwiches. Call George Maloof for details.

(Note for table hosts: Phyllis Rockwell has two lovely serving tiers for sale at \$13 each.)

Line Dancing

Line dancing continues to be held on the second and fourth Sundays of the month from 4:30 to 6:00 pm. Donation fee of \$5.00 goes to Skuuf.

Never too late to join in. Yeehaw!

New Ideas?

Have any ideas for fund raising? Let's talk.

George Maloof

Bakers Needed

Bakers needed for the May 1 Afternoon Tea.

We need about thirty dozen mini scones, forty-five dozen tea sandwiches, clotted cream, lemon curd, and thirty dozen assorted tea cookies. Emphasis is on the MINI baked goods.

Contact George Maloof for more detailed information.



Activities

Games Night at SKUUF Friday, April 8 at 7:00 p.m.

Come join in the fun. Bring a game and dessert to share. Games start at 7:00 p.m. in our fellowship hall. Elizabeth Becker is your host; please call her at 744-3757 for more details. You'll love it, so plan on coming the second Friday of every month, same time and place.

Second Sunday Hike - April 10 - TBA when conditions are known.

Departing SKUUF lower lot at high noon. Please register with Mitch for any necessary weather updates.

Square Dance at Old Wentworth Town Hall on Rte. 25 in Wentworth, Friday, April 1 at 8:00 to 10:30 pm

We had ten SKUUF members in attendance last month, and a good time was had by all! The price is \$7 per person, no advance tickets required. There are waltzes, polkas, and a variety of square dances. The music is amazing, and you never know how many musicians will drop by to play. So come to dance or just to listen to the incredible music. Although the hall is only heated by wood stoves, it gets HOT, when you dance, so dress accordingly. Jeans are fine. This is EASTERN not WESTERN square dancing, so there are no hooped skirts and fancy matching outfits! Wear comfortable shoes and prepare to have some good, old fashioned, country fun!

Big Band Swing Dance at the Com- mon Man in Plymouth April 21, from 7:00-9:30 pm

No cover charge. If you would like to meet for dinner before the dance, or for more information, please contact George Maloof, who plans to be in attendance.

Here are some activities that you might want to consider at PSU. Please make your own ticket reservations. *For tickets to any of*

(Continued on page 15)

(Continued from page 14)

these, call the Box Office Monday - Friday, 11:00 am. - 5:00 pm., at the phone numbers noted below. If you would like to meet before the event for dinner at the Thai Smile in Plymouth, Contact Mitch .

All New England Jazz Festival at the Silver Center

Tuesday, March 29 at 5 pm.

The PSU Jazz Band, jazz faculty, and guest artist perform with high school jazz ensembles from the region. *Call the Box office at 603-536-2551. Ticket prices: \$9 adults/\$5 seniors.* Come and join Phyllis and Mitch.

Robert Frost Celebration at PSU, Smith Recital Hall

Thursday, March 31 at 7:00 pm., FREE!

Donald Hall, who actually met Robert Frost, will lead a group of readers in sharing their favorite Frost poems. Don will share some stories about the great poet including their first meeting when Don was just sixteen years old. Please call the box office to reserve your free tickets: 603-535-2787.

The Callaway sisters in "Boom" at the Silver Center

Friday, April 8 at 8:00 pm

The sisters team up to sing the soundtrack of the unforgettable '60s and '70s igniting fond memories through the music of such greats as Joni Mitchell, Carole King, Carly Simon, The Beatles, Paul Simon and Stevie Wonder, to name a few. It's going to be one mellow night. Get your groove on. *Call the Box office at 603-536-2551. Ticket prices: \$35/25 adults, \$33/23 seniors, and \$25/15 youth.* Phyllis and Mitch will be there. Please join them. Dinner at Thai Smile?

Mitch Manseau and Deedie Kriebel, co-chairs

Wise Women in Training

Wise Women in Training (WWIT) is a flexible group of senior women (over 50) who meet the second and fourth Wednesday of each month at **10:00 am.** in the SKUUF conference room. They talk about issues and topics of interest to the group. Membership includes a core group but is flexible so feel free to attend when you have time.

Meetings this month are scheduled for April 13 and 27. If you would like to be on mailing list for WWIT please contact Betty Ann Trought .

Betty Ann Trought

Play Bridge Thursday Afternoons at SKUUF

If you are a bridge player interested in the Thursday afternoon bridge game at Starr King Fellowship, please see Anna Wilken, or call her.



SKUUM

The men's group, SKUUM, will meet on the first and third Sundays of April from 6:00 to 8:00 pm. in the upstairs conference room at SKUUF. (April 3 and 17) Any interested male is invited to attend these lively and entertaining discussions which cover a wide range of topics.

The co-leaders are Bob Clay, George Maloof and Bill Trought. Contact any of them for further information.

Bill Trought

Greeter Schedule April – August 2011

If your name is on the list please make a note in your calendar. We are still in need of a Greeter for July and August. If you are not able to be a Greeter when scheduled, there is a list of substitutes on the bulletin board in the foyer. If you have questions contact Anna Wilken, phone 536-2013, email awilken@roadrunner.com.

Month	Upstairs Greeter 1	Upstairs Greeter 2	Downstairs Greeter
April	Darlene Nadeau 536-1179	George Maloof 536-1179	Michael Nicholas 726-4259
May	Marceline Boomer 726-3999	Joe Kelaghan 536-2379	Thad DeFauw 536-2379
June	Janet Doner 536-4514	Jules Doner 536-4514	George DeWolf 764-9818
July			
August			

Anna Wilken

Attention Parents:

*There will be an Open House
after the service on April 10th
in the downstairs classrooms.*

*Grab a cup of coffee and
come on down!*

*Meet the wonderful folks who work
with your kids every Sunday.*

*See what the classes
have been working on.*

*Come one, come all -
this is YOUR RE Program!*

Cindy Spring

Newsletter Deadline

The deadline for the May Newsletter is Wednesday, April 20.

Please send all items, committee reports, notice of events and activities to Barbara Avery .

SKUUF Newsletter Policy :

“Activities covered in the Newsletter are those sponsored by SKUUF or related to SKUUF Committees. As room permits, UU activities happening elsewhere may be included. There may also be a column mentioning activities that are happening in our building but not directly related to SKUUF.”

**Remember to wear your Nametag.
It helps Everyone.**



Our Favorite Books

(From our annual Book Sharing service held at the end of 2010)

Why Your World is About to Get A Whole Lot Smaller:

oil and the end of globalization
by Jeff Rubin

The Untold Story of Milk: the history, politics and science of nature's perfect food—raw milk from pasture-fed cows
by Ron Schmid

Atlantic: great sea battles, heroic discoveries, titanic storms, and a vast ocean of a million stories
by Simon Winchester

Why Your World is About to Get A Whole Lot Smaller:

oil and the end of globalization
by Jeff Rubin

A Brief History of Everything
by Ken Wilber

Governing Board Meeting

The Governing Board will meet on Tuesday, April 12 at 5:00 pm.

Committee Chairs Meeting

Committee Chairs will meet on Wednesday, April 20 at 6:00 pm.

Community Closet Needs Our Help

Remember, the Community Closet can always use our help. There is a basket in the foyer for your non-breakable food contributions. You can drop off canned or boxed goods anytime.

Thank you.

Book Report

How To Be Sick : a Buddhist-inspired guide for the chronically ill and their caregivers, by Toni Bernard

I recently read this book recommended by Barbara Lambert and want to share my impressions. How To Be Sick by Toni Bernhard, Wisdom Publications, 2010 is an easy to read reflection on coping with chronic illness or caring for the chronically ill. Although the strategies used are Buddhist inspired they are also easy to use and seem to reflect good use of psychology and particularly stress management. Although I have been exposed to some Buddhist teachings from members of our Fellowship and from other readings, I have never been attracted to further study as its teaching seemed inaccessible to my dominant left brain. This book provides some very accessible teachings of the Buddha and even more practices that are relevant in many situations besides chronic illness. For those who are faced with chronic illness at an early age or are caretakers of someone chronically ill and in addition for those facing aging with all its aches and pains, this is a book to keep close at hand. Although a quick read, this book seems to have practical strategies that can be used in a variety of situations where re-reading the exact practice could be very helpful.

Betty Ann Trought

Stewardship Committee

If you prefer to use cash to pay your pledge, please use the designated envelopes available by the Sanctuary door. Simply add your name to the outside and seal in your cash!

Thank you all for pledging to Starr King !
Andrea Sutherland

Starr King View

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Star Island

Looking for a memorable summer vacation? Consider Star Island. Located off the coast off Portsmouth, New Hampshire, on a rocky island, is a conference center where UU's have gathered for nearly a century. Here is a place that will truly enrich your life and restore your soul.

The conferences are varied. Family weeks with activities for all ages are a favorite. Other weeks focus in a specific area such as the arts, natural history, religious education, yoga, meditation, and international affairs. Shorter conferences are also on the schedule. You may also schedule personal retreats of any length to just enjoy the beauty and peace of the island.

For more information go to the Star Island website: www.starisland.org. There are booklets in the foyer describing the island and the conferences. Scholarships are available. And ask Jane and Bob Clay, Darlene Nadeau, Amy MacDonald, Walt Mayshark, Cindy Spring, Bill and Betty Ann Trought, or Martha Copithorne about their experiences.

Martha Copithorne

Circle Dinners

Would you like to have a fun event hosting SKUUF members at a Circle Diner?

Looking for volunteers for April. If interested, please contact Sue Appleton.

Suzanne Appleton

Mission Statement

Starr King Unitarian Universalist Fellowship is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.